

California State Council Knights of Columbus



State Officers CY 2019—2020

State Deputy
Dave Abbott



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Sacramento Diocese

State Secretary
Steve Bolton

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Dr. Noel Panlilio

State Advocate
Rene Trevino

State Warden
Greg Marracq

Immediate PSD
Joe Salaiz

Golden State Knightletter



Veteran's Day - Monday, 11 November 2019

Dear Brother Knights:

The Knights of Columbus has counted hundreds of thousands of veterans as members, and we recently highlighted two who received the Medal of Honor. This Veterans Day, we recognize all the everyday heroes who have served their country in uniform in all the nations where our Order has a presence. No matter where or when they served, on this Veterans Day we honor those who stepped up and sacrificed for family, freedom and faith. May God bless them, even as we thank them.

Fraternally,

Carl A. Anderson
Supreme Knight

• Medal of Honor Medic *(click name to view video interview)*

A Green Beret medic, [Gary Rose](#) saved the lives of 60 men during the Vietnam War. It took years for his mission to be declassified. When it was, he was awarded the Medal of Honor.

• The Weight of Valor *(click name to read interview)*

As a young Navy medic in SEAL training, [Edward Byers Jr.](#) covered his barrack room with notes — reminders of his daily goals: *Did you work out today? Did you run? Did you swim?* And set in capital letters: *DID YOU PRAY TODAY?*

Upcoming Dates / Events — December 2019

#GivingTuesday	Tuesday December 03, 2019
Christmas Day*	Wednesday December 25, 2019
New Year's Day*	Wednesday January 01, 2020
DD Mid-Term Meeting	Thu - Sun January 02- 05, 2020

* State Office will be closed Dec 24 (half day), 25t, and also Dec 31 (half day) and January 01, 2020

STATE DEPUTY'S MESSAGE

KNIGHTS OF UNITY!

My Brothers,

The theme of the 136th Supreme Convention held this year in Minneapolis, Minnesota was *Knights of Unity!* We are reminded of the lesson of the *Formation Degree*, and all we can accomplish working together. When Christ prayed for his disciples on his last night on earth, his principle prayer was that they be one. In today's world, as modern disciples of Christ, it is ever more important we band together to defeat the forces demoralizing an increasingly secular society. There is much good to be done – and we can best do so by living the Gospel united in service to our Church and Faith. For generations, our Order has served as a solid example of men committed to our Catholic Church, family values and concern for the poor and those in need. For the common good, it is important our numbers continue to grow and multiply.

There are many, many activities coming up in November providing ample opportunity to engage new members; Coats for Kids, the Purita Warriner Memorial American Wheelchair Mission for Veterans (especially in conjunction with Veterans Day), Thanksgiving Food Banks and Helping Hands feeding those in need, to name a few. All serve as opportunities to invite young men of our parishes and their families to get involved. If you have not done so already, schedule a church recruiting weekend leading up to the holidays with a council social, open house and Admission Degree. If your council is having difficulty adding new members, I challenge you to do so by your December meeting.

Congratulations to the winners in the second round of the "*Fall Feast*" membership contest for the month of October! Field Agent **John Dwyer** of Reseda Council 16584 was the top recruiter for October bringing in 14 new members. DD79 **Edward Miller** had the high recruiting district with 16 new members overall. There was a three-way tie for top recruiting council with St. Cabrini Council 3472 in Burbank, Council 5803 in Simi Valley and Father Callahan Council 7116 in Carson all recruiting 8 new members during October. Congratulations to Grand Knights **Edelito Salero, Christopher Smith, Rick Pulido** and the rest of the October winners. All will receive \$100 gift cards to a restaurant in their local area.

The "*Fall Feast*" membership contest will continue during the month of November. Again, for purposes of the contest, the count will reset to zero and only monthly intake will count toward the awards. The top recruiters, district deputies and councils bringing in the most members during the month of November will all win \$100 gift cards to restaurants in their local area so they can continue their "*Fall Feast*." Scan and email all Form 100s for newly initiated candidates to membershiprecords@kofc.org by noon on Wednesday, November 27 for them to count toward the contest, or have them join online at www.kofc.org/joinus.

The Shining Armor award is the perfect way to engage new members in the Order. By completing four required activities within the first year of membership (which includes recruiting at least one new member of their own) they will receive the handsome lapel pin pictured below. For further information see <https://www.californiaknights.org/membership-2/membership-recruitment/shining-armor-award/>. Any existing member recruiting at least two new members this Columbian Year will automatically receive a Shining Armor lapel pin.

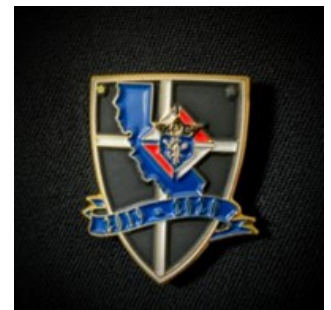
In all that you do, be **Knights of Faith – Knights of Charity – Knights of Action!**

May God Bless,

Dave Abbott

State Deputy

state.deputy@californiaknights.org



"EVERY MEMBER A RECRUITER!"

Knights of Faith – Knights of Charity – Knights of Action

Knights of Columbus—Historically in Support of Military Service Personnel and Veterans

Contributed from Former Vice Supreme Master
Larry Campitiello

For more than 135 years the Knights of Columbus has stood in support of the men and women of the armed forces. Since before World War I, the Knights have provided for the spiritual and temporal well-being of our military personnel, and that work has continued to today.

Currently, there are more than **60 active military councils**, and **7 overseas roundtables**.

A number of the founding members of the Knights of Columbus were veterans, and the Order has always had a close relationship with both active-duty personnel and veterans of military service. Today we have overseas military councils located in countries where the United States has a long-established military presence, including Germany, Italy, the United Kingdom, Japan and South Korea.

During the past year, new military councils were established at Fort Bragg, N.C., and Fort Carson, Colo. In each location, the Knights of Columbus works in close cooperation with the Archdiocese for the Military Services, USA.

Our history of working with the military and veterans began in 1916 during the Mexican campaign commanded by General John J. Pershing, when the Knights established recreation centers for enlisted men.

The program was so successful that it was greatly expanded in World War I with the “hut program.” The motto of these huts was *“Everybody welcome. Everything free.”* The



Knights, first at home and later abroad established huts near the front, at or near military bases and in cities frequented by our soldiers and sailors.

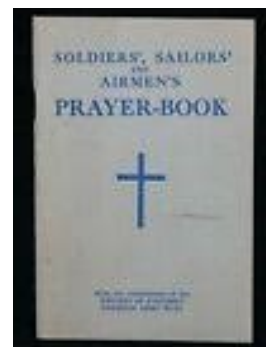
In November 1917, General Pershing signed General Order No. 63, allowing the Knights to provide services to the men in Europe. At the end of the war, Pershing said that, “of all the organizations that took part in the winning of the war, with the exception of the military itself, there was none so efficiently and ably administered as the Knights of Columbus.”

Catholic troops in Afghanistan were given; Armed with the Faith, a Catholic handbook for military personnel distributed by the Order, in conjunction with the Archdiocese for the Military Services, USA.

The Order also provided Knights of Columbus chaplains to supplement the work of the military’s Catholic chaplains in ministering to the spiritual needs of the servicemen. The Knights also used the huts to provide entertainment in a manner later emulated by the U.S.O. In addition to establishing the huts, the Knights of Columbus raised more than \$14,000,000 (in 1917 dollars) in the United States for war relief.

During World War II, the United Service Organizations – in which the Knights of Columbus represented the Catholic Church – largely provided for the entertainment of U.S. troops. In addition to working with the U.S.O., Knights in the Philippines ran a program very similar to the World War I hut program for American servicemen before the fall of Manila and again after its liberation. Canadian Knights operated KC Huts once again for Commonwealth soldiers.

Fourth Degree Knights raised more than \$500,000 for the World War II Memorial in Washington, D.C. And since 2003, more than 400,000 Catholic prayer books, ►

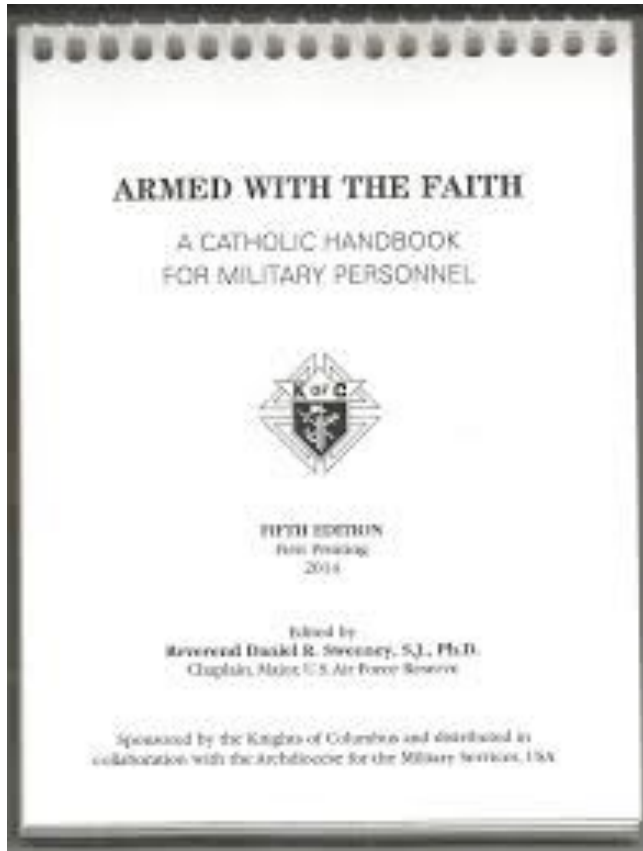


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► *continued from previous page...*

titled *Armed with the Faith* and printed on rugged paper to withstand the rigors of combat, have been produced for members of the armed forces.



The concept for this prayer book originated with an individual Knight and Air Force veteran, and was developed in conjunction with the Archdiocese for the Military Services, USA. All costs for this program, including printing and distribution, have been borne by the Knights of Columbus.

In 2005, the Order pledged \$1 million in support of a new program for the catechesis and spiritual support of servicemen and women, sponsored by the Archdiocese for the Military Services (AMS), U.S.A. The Knights of Columbus also provided major support to the Military Archdiocese for the purchase and refurbishment of a building in Washington, D.C., that now houses the headquarters, offices and residence of the archdiocese. Some of the

financial support for the project (\$1.1 million) came from earnings produced by the Knights of Columbus Military Vicariate Fund, established in 1985.

Since 2003 the Order has worked closely with the Global Wheelchair Mission, including distributions of wheelchairs to veterans in hospitals located in major cities throughout the Order.



The Order's Fourth Degree, has embraced programs serving our veterans, especially the Veterans Affairs Voluntary Services program of the U.S. Department of Veterans Affairs. The Knights of Columbus has more than 1,100 volunteers regularly serving at more than 135 VA medical centers through this program. Last year, these volunteers donated more than 98,000 hours undertaking a variety of programs for veterans in these facilities ranging in scope from providing social events for veterans, to donating wheelchair-lift equipped vans to taking time to visit with a hospitalized veterans. At the 129th Supreme Convention in Denver, Supreme Knight Carl A. Anderson announced the establishment of a new scholarship program to help fund the education of seminarians preparing to become Catholic chaplains in the U.S. Armed Forces. The program has distributed more \$1.6 million in scholarship money to the Archdiocese for the Military Services, USA. These funds, help produce a new generation of much-needed Catholic chaplains to minister to U.S. military personnel and their families.

Since 2013, the Knights of Columbus has worked with the Archdiocese for the Military Services, USA, (AMS) to sponsor the annual Warriors to Lourdes Pilgrimage. The event allows non-wounded, wounded, ill or injured military personnel, together with their designated caregivers and volunteers, to travel to the Marian shrine during the International Military Pilgrimage for a time of rest, prayer and healing. In 2017, nearly 200 U.S. soldiers, veterans, designated caregivers, companions, chaplains and volunteers participated in the Warriors to Lourdes Pilgrimage.

* * *

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WHO WILL BE NEXT? Giving the Gift of Mobility

Louis Salvatore State wheelchair Chairman

AMERICAN WHEELCHAIR MISSION

A Global Wheelchair Mission Partner



CHANGING/SAVING LIVES THROUGH THE GIFT OF MOBILITY

On the weekend of November 2-3, ST. Therese Council 13124 hosted a Wheelchair Sunday weekend.

Their efforts have netted so far over \$32,000! , which translates to 213 wheelchairs to our brothers and sisters in Christ who are in desperate need of this precious gift of mobility, but have no way of obtaining it on their own.

A special thanks to **Fr. Chris** for his support. Also a big thanks to Brothers **John Carney**, **GK Chris** and all the Knights of Council 13124 for their help.

JUST ANOTHER EXAMPLE OF PUTTING OUR FAITH INTO ACTION!

On the weekend of November 16-17 , Chief Solano Council 3585 hosted a Wheelchair Sunday weekend.

Their efforts have netted so far over \$35,000! which translates to 233 Wheelchairs to our brothers and sisters in Christ who are in desperate need of this precious gift of mobility, but have no way of obtaining it on their own.

A special thanks goes out to **Fr. Downey**, **Fr. Abraham**, and **Fr. Juan**, for their wonderful support of this great ministry of providing the poorest of the poor with the precious gift of mobility.

Huge thanks to Brother **George Bagley**, without who's efforts this would not have happened. Thanks to Chief Solano Council 3585 for their help.

Since the council was recruiting during the weekend, and we promoted them, their efforts netted 1 new member, and at least 3 very interested.

NOTE: The American Wheelchair Mission estimates that for every wheelchair given, not only is the recipient's life changed but 10 people's lives are changed, taking into consideration the people around them ie: family, employers, friends, etc. So just multiply the number of wheelchairs by 10 and that's an estimate of just how many lives are changed with each wheelchair delivered.

WHO WILL BE NEXT?

Louis Salvatore State Wheelchair Chairman
loukofc76@juno.com 707-301-0332

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Congratulations to Our Award-Winning Councils

Winners of the 2018 - 2019 Star Council , Columbian , Father McGivney and Founder's Awards

The Supreme Council office has announced the winners of the 2018-19 Star Council, Columbian, Father McGivney and Founders' awards.

Awards are now being engraved and will be sent to district deputies and, if requested, to the state deputy. If a council wins only a Founders' Award, it will be sent to the council's general agent.

A complete listing of award winners is listed below. The listing is in alphabetical order by jurisdiction and contains the council number followed by one or more of the following letters: C (Columbian Award), M (McGivney Award), F (Founders' Award) and S (Star Councils). Questions concerning any of these awards should be forwarded to the Fraternal Mission Department – fraternalmission@kofc.org.

Look for a more detailed listing of Star Council winners, including the percentage of membership quota earned by each Star Council, in an upcoming issue of *Columbia magazine*.

NOTE: This list is modified from original to show only CALIFORNIA Councils -Editor.

216 COUNCILS Receiving Awards					263 TOTAL Awards					
48 STAR Awards		66 COLUMBIAN Awards			101 McGIVNEY Awards				48 FOUNDERS Awards	
874	11393	1375	4922	9714	1137	4956	12085	16112	1154	10140
1271	11632	1638	4970	9740	1174	5042	12394	16120	1740	11335
1990	12050	1658	5261	9969	1658	6254	12555	16293	2130	11465
2475	12383	1740	5300	10180	2132	7412	13011	16419	2327	12394
3571	12587	1869	5568	10234	2165	7951	13111	16438	2382	12542
3672	12938	2130	5978	11260	2327	8072	13299	16453	2692	13111
4112	13237	2431	6043	11595	2329	8177	13518	16475	2989	13311
4581	13555	2455	6322	11653	2431	8238	13766	16517	3073	13672
4588	14158	2469	7069	11837	2454	8265	14375	16673	3449	14375
5696	14541	2692	7142	12055	2455	8424	14430	16728	3589	14879
6028	14836	3148	7241	12213	2745	9402	14531	16734	3926	15030
6031	15034	3159	7412	12542	3159	9469	14554	16742	4038	15030
6332	15317	3162	7467	12749	3436	9497	14879	16750	4229	15099
7390	15339	3472	7773	13180	3449	9594	15002	16764	5042	15122
7950	15625	3487	8238	13518	3472	9667	15030	16832	5261	15693
7987	15671	3601	8599	13765	3545	9714	15089	17038	6043	15736
9076	16154	3851	8627	13899	3601	10117	15632	17085	6979	15750
9213	16185	3926	8747	14007	3643	10140	15693	17091	7759	16073
9665	16452	4060	9206	15719	3726	10530	15736	17120	8786	16112
9986	16488	4438	9363	15965	3947	10611	15750	17167	9065	16120
10287	16584	4780	9511	16293	4000	11052	15812	17203	9111	16453
10414	16687	4901	9679	16438	4038	11260	15883	17211	9498	17038
10494	16770				4443	11269	15899	17242	9511	17091
10667	17037				4780	11335	15965	17285	9594	17242
					4784	11595	16073	17326		
					4919					

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California Columbian Charities, Inc.
P.O. Box 4256
Cerritos, CA 90703



California Columbian Charities California's Exceptional Fraternal Benefit

California Columbian Charities Provides Assistance to Brothers Who Are Suffering Financial Hardship

In 1955 the State Council created California Columbian Charities, Inc.

Columbian Charities is dedicated to assisting California Brothers and their widows in distress. For over sixty years we have worked to provide CHARITY, the first principle of our Order, and to fulfill Father McGivney's mandate - **BROTHER HELPING BROTHER.**

In the past we have responded to over 2300 requests for assistance from Brother Knights in California and have given over \$3,500,000 in relief. Last year in 2018, Columbian Charities assisted 95 Brothers, their widows and families with over \$265,770 in aid. We provide financial assistance up to a maximum amount of \$3,000 to Knights of Columbus Brothers, with at least twelve months good standing in a California Council and to their widows.

At this year's "**Parade of Grand Knights**" in San Diego you donated over \$110,000 to Columbian Charities! 229 Councils, 2 Chapters and 4 Assemblies participated. Since that time another \$15,519 in donations have been received. **THANK YOU** for reaching-out a helping hand to your less fortunate Brothers! You should be proud of your generosity, but we can do better with over 700 Councils in the State. Every Knight of Columbus Brother in California is asked to join the **365 Club** and contribute one penny a day or more. Donations may be made at any time during the year and sent to the above address.

****Columbian Charities is ready to provide financial assistance to your Council's Brothers in their time of need. Any member who has information about a Brother in distress should notify the Grand Knight. Only the Grand Knight can obtain a Charity application by calling or e-mailing the State Office at (909) 434-0460.*

state.office@californiaknights.org

Once the packet is received by the Grand Knight, it is very important to follow the instructions and fill out the application in its entirety and send in all of the forms in the packet!

Fraternally,

Stephen Peterson, FM - President

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WELLNESS PROGRAM

With Thanksgiving and Christmas upon us, and the feasts that we normally partake in during these times, I felt that this was a timely article about white meat vs. dark meat, including the skin, that appeared in my email Inbox recently, and I wanted to share the information with the membership.

I was always led to believe that eating white meat was better for us than dark meat. I learned quite a bit from this article and will now look at this comparison with a new perspective.

Have a great Thanksgiving and Merry Christmas season!

This article is from the Nutrition Watchdog. Enjoy!

Edward P. Huestis, PSD
Wellness Program Chairman
707-452-8636
ed.huestis@californiaknights.org

White Meat vs. Dark Meat (Plus the Skin)

White meat chicken and turkey have been the darling of health and weight loss folks, and its been promoted as the 'low fat/low calorie' meat that was the perfect protein. White meat has about half the saturated fat of dark meat, and for this reason alone it has been falsely pushed as the healthier alternative because of outdated health beliefs by many gurus. While white meat is largely a protein delivery system – dark meat contains many more nutrients!

White meat has had its day, and it's time to go to the darker side, which has merits above and beyond white meat. According to the Department of Agriculture, an ounce of boneless, skinless turkey breast contains about 46 calories and 1 gram of fat, compared with roughly 50 calories and 2 grams of fat for an ounce of boneless, skinless thigh. And don't forget the skin! Also, if you are eating free-range, organic turkeys and chickens, that fat is generally healthy fat — good for your skin, joints and immune system – and full of

healthy omega 3 fats, as well, depending on what the turkeys or chickens ate.

So, what makes white meat white, and dark meat dark?

Well it has to do with how much that particular muscle was used. Since chickens and turkeys, especially the free-range ones, use their legs to cruise around the farmyard, but generally don't fly or use their wings much, their legs and thighs are dark. This is because of a compound in the blood that results from the movement of the muscles. The more movement, the darker the muscle. Dark meat contains myoglobin, similar to hemoglobin, that is a substance in poultry blood that allows for transport of oxygen — necessary for muscles that are being used. Muscles that are well-used, are also full of readily available iron, which is useful in our bodies as well, to help transport oxygen to all parts of the body.

Besides iron, dark meat contains more selenium, zinc, vitamins A and K, riboflavin, thiamine, and B6 and B12, as well as a super nutrient called ►

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WELLNESS PROGRAM... *continued*

► **taurine. Taurine is a nutrient known to be an anti-inflammatory nutrient, helps in blood pressure regulation, healthy nerve function, production of bile acid (which breaks down fat), and other important functions.** According to a new study by researchers at the New York University School of Medicine, taurine, significantly lowers the risk of heart disease, reducing mortality by as much as 80%, as well as protecting against diabetes and high blood pressure.

Many U.S. doctors recommend eating white or light meat instead of dark meat, because it is lower in saturated fat, but we now know that saturated fats are actually mostly healthy, and not the villain they were made out to be in the 80s and 90s fat-phobia period.

In fact, the NYU study demonstrates how dark meat ultimately packs a stronger nutritional punch. The study appears online in the European Journal of Nutrition. Taurine is such a powerful nutrient that it is considered a primary nutritional factor for longevity. Taurine also promotes insulin sensitivity, electrolyte balance, eyesight and hearing. Certain diets, especially vegetarian and vegan diets lack taurine and it has been found that diseases such as liver, kidney, heart disease, as well as diabetes and cancer, cause an even greater deficiency in taurine. Age is another factor that creates an extra need for taurine, as our bodies slow down the production of it as we age.

And new research is looking at the benefits of taurine for the human brain. Taurine is one of the most important cognitive supplements and can help to slow down age-related loss of memory and cognitive powers, as well as protecting against environmental toxins. High taurine levels are especially associated with eating dark chicken meat, oysters and clams.

What about the skin?

Many people pay extra just to have “boneless, skinless” chicken or turkey meat, but it’s time to start eating the whole bird for maximum benefits!

There are a lot more edible parts to chicken or turkey than just the meat. When we strip away the skin, we are stripping away the healthy fats (provided it is organic and free range) and collagen, as well as other benefits. Chicken and turkey skin contain a large amount of monounsaturated fat, the same healthy fat you find in olive oil. Olive oil as you know, contains many healthy benefits for the whole body, as does the oleic acid in chicken and turkey skin. In fact, most of the fat in chicken skin is actually heart-healthy unsaturated fats, according to the Harvard School of Public Health. The U.S. Department of Agriculture (USDA) National Nutrient Database reports that one ounce of chicken skin contains about three grams of saturated fat but provides eight grams of unsaturated fat.

Skin is almost pure collagen. Collagen as you may already know, is one of the most important nutrients you can add to your diet. So important, it’s probably worth writing a whole other blog on just how beneficial that stuff is. You can get plenty of collagen from the skin of chicken and turkey, bones, tendons, and ligaments. You know those crunchy parts on the ends of the legs? That’s cartilage, and it packs a whopping amount of collagen! So, chew it up!

Our hunter-gatherer ancestors naturally ate a LOT more collagen compared to muscle meat than modern humans, since hunter-gatherers generally ate the entire animal instead of wasting the most nutrient dense organs, skins, and cartilage like modern humans do.

And don’t forget to take that chicken or turkey carcass, add water or broth and cook it slowly for 24 hours or more to create a delicious bone broth ►

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WELLNESS PROGRAM... *continued*

or soup base full of collagen and glucosamine. Collagen helps fight diseases like diabetes, improve your joints (drastically!), speed up healing time from athletic injuries, reduce wrinkling and sagging skin, and add strength and elasticity to hair and nails. **We need collagen — it is essential!**

And lastly, don't forget that deliciously decadent taste of freshly roasted crackly skin. That flavor and satisfaction go a long way towards making you feel full and satisfied.

What's the takeaway? Stop buying those stripped-down boneless, skinless parts and eat the whole bird! Dark meat, skin, bones and cartilage. Just choose organic or pasture-raised if you can find it. Your body will thank you!

References

<http://www.nytimes.com/2007/11/20/health/nutrition/20real.html>

<http://www.livescience.com/18848-dark-meat-heart-healthy.html>

Dear Brother Knight,

When a disaster hits, the Knights are there. When a child is in need of a warm coat, or a family in need of a meal, **the Knights serve.**

Are you ready to stand with the hundreds of your brother Knights in service to our local communities?

If the answer is "yes," join us in this #GivingTuesday! With your help, we can make a big impact on those who need it the most.

Your donation will directly help those affected by natural disasters, feed families and keep children warm — **100 percent of every dollar donated goes directly to those in need!**

This year alone, we have raised over \$1 million to assist in Disaster Relief. But natural disasters are ongoing, and we continually need your help.



KNIGHTS OF COLUMBUS

18% of American children live in poverty, and many low-income families struggle to cover even the most basic essentials.

Join us on #GivingTuesday — Dec 3 — in our work to provide a new coat to every child who needs one. Learn more:

<https://donate.kofccharities.org/campaign/giving-tuesday-giving-warmth/c253498>

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#Giving Tuesday FACEBOOK Link [HERE](#).

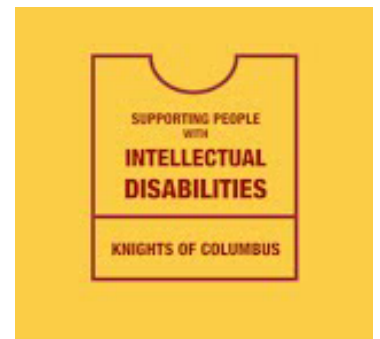
[View on Facebook](#)

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From Dr. Raymond Warriner, PSD

For you who read my weekly rant, you had to expect that I couldn't pass an opportunity to remind myself and others of the contribution our military has made to this nation and the world. During my military career, members of the military were loved, despised and then loved again. For some of you age challenged Brothers, I had the honor of serving during the Viet Nam war and continuing through Desert Storm. Many of my fellow service members never came home to a grateful nation or were even recognized for what they did to defend those people who despised them.



Ever wonder why Veterans Day is on the Nov 11th and does not change? World War I ended on the 11th month on the 11th day on the 11th hour. This day is set aside by this nation to honor the veterans who have served this country. Below is the definition of a veteran:

A Veteran - whether active duty, retired, National Guard, or reserve -is someone who, at one point in his or her life, wrote a blank check made payable to "The People of the United States of America", for an amount of "up to and including my life."

There are only two people who have offered to give up their life for you:
Our Lord Jesus Christ for your soul
An American soldier for your freedom

Let us all give thanks and show our gratitude for the men and women who have and continue to serve this nation in the defense of our freedom.

Raymond Warriner, Major, USAF (retired)

The Joy of Recognition

Yesterday, I attended my Grandson's 1st Birthday Party. My son asked me to pick up the food and arrive early to help set up. When I arrived, he, his wife and a friend were feverish working while trying to handle the three children present.

My Grandson was not smiling and not happy. I believe he was uncomfortable with the unfamiliar area and my grandchildren are not often in public or around a lot of people. Of course, when anybody came near, they would talk to the baby about being the Birthday Boy and he would return an unsmiling and stoic look.

That all changed when grandpa took him from the friend. He gave a big smile of recognition. He recognized a face that was someone that he felt comfortable with. Grandpa was there and he was now ok. Of course, that warmed my heart.

That got me thinking. That must be the feeling that the Knights in Orange and other throughout CA feel when they put on events like "Day of Sharing" and "Annual Knight 2 Remember Dinner and Dance". How great it must feel for both the Guest and the Knights to feel recognized. Ever notice when people meet people with intellectual disabilities, they don't talk to them but to the people with them. This is not true with us

Knights. We recognize that as a human being and a gift from God.

I cannot thank you enough for what you do. The funds raised and more importantly the Love you show for all of God's people is "Making a Difference".

I am continuing to work on the 2019-20 Reports. This week I have included a summary of the Chairman Forms received. These forms are important because they provide the insurance coverage for the Councils Drive and the ability for me to email them the Drive material. I think it is all correct so please look and point out any errors.

Dr. Raymond Warriner, PSD
Intellectual Disabilities Drive Chairman
ID.Drive@CaliforniaKnights.org
562-926-5538 (answering machine)



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My Brothers,

I am pleased to announce a new award for District Deputies created by the General Agents of California. The "Shield Award" (a lapel pin pictured below) will be conferred on any District Deputy arranging to have fifteen (15) or more members from each active council in their District meet with their Field Agent between July 1, 2019 and June 30, 2020.

Please see the letter attached from State Insurance Promotion Director Todd Cabral.

May God bless,

Dave Abbott
State Deputy
Knights of Columbus

California State Council
(530) 680-0401

state.deputy@californiaknights.org



TODD CABRAL, FICF
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KNIGHTS OF COLUMBUS
MAKING A DIFFERENCE FOR LIFE



District Deputy Insurance Award:

Each Council in your district will have a minimum of 15 members meet with their Field Agent during the Columbian Year. They do not have to purchase, but they do have to allow the Field Agent to go through the financial analysis set up by their General Agent and answer all questions.

Field Agent will keep a list of all members met during the year and sign off that the District Deputy qualifies for the award.

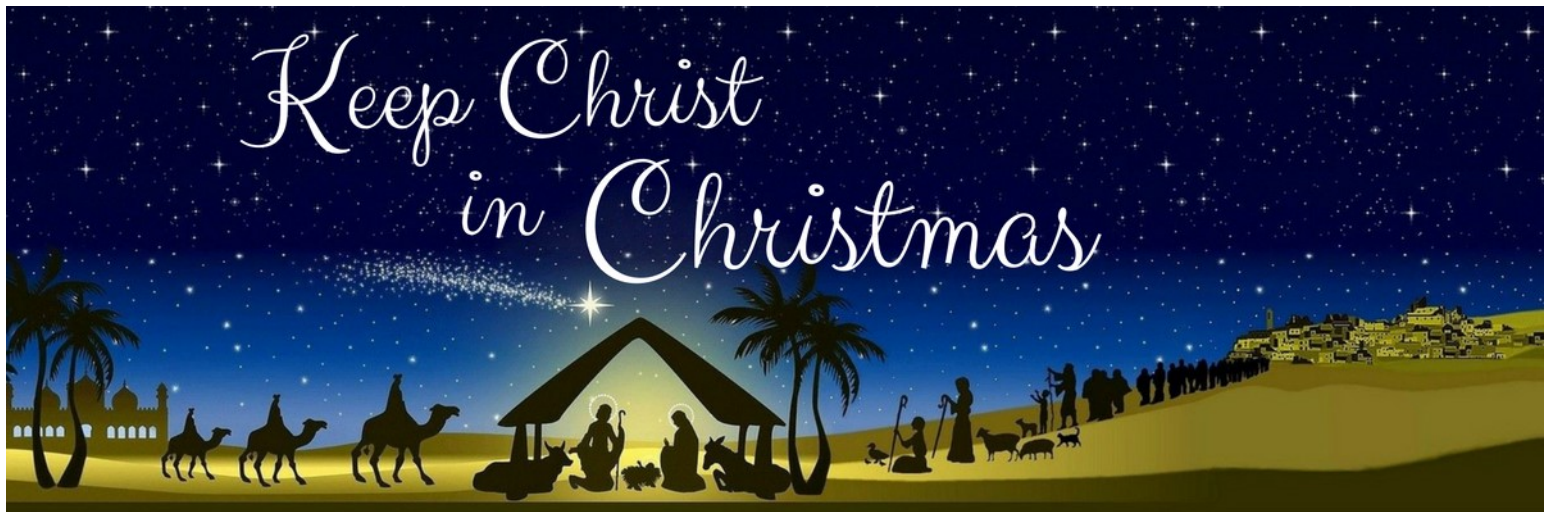
Good luck and we appreciate your support.

God bless,

Todd Cabral
General Agent – Knights of Columbus
State Insurance promotion director

"EVERY MEMBER A RECRUITER!"

Knights of Faith – Knights of Charity – Knights of Action



Worthy Brothers,

We are entering an important time of the year for us Catholics. Advent. It is important that we continue our efforts to Keep Christ in Christmas. There are many ways we can promote this theme during the Christmas Season. Your Council may want to participate in selling Christmas Cards. These can be purchased through Steve Sykes (steves@wcsdist.com) or you may want to purchase other items from his catalog to promote Christmas in your area.

Reorders are already coming in. As long as we get the reorder by Wednesday morning we can ship out and you will receive by Friday for Church sales on Sunday.

We have the Cards in stock and are ready to ship. Please send your orders in as soon as possible. Let's make this our best year ever!

[COUNCIL ORDER FORM](#)

[PUBLIC BROCHURE](#)

The Council may also want to promote for our Youth, The Keep Christ in Christmas Poster (bobpineschi@yahoo.com) and/or Essay Program (greyeototo@gmail.com). You can get information for these at the California Knights of Columbus State Website under forms. These two contests are great programs enabling our youth to promote the real reason we celebrate Christmas. Please promote these outstanding programs with your Councils.

Supreme Council and the California State Council have developed many other programs for your Councils, family or your Parish to run. All you have to do is log onto the Supreme or State website for more information.

If you don't see what you need, feel free to contact me for more information.

Blessings as we start this Advent Season.

Brother Bob Pineschi
Knights of Columbus
CA State Poster Chairman
pineschibob@yahoo.com

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District Deputy Reminder

Knights of Columbus • 1 Columbus Plaza • New Haven, Connecticut

Important Reminders

November 2019

- 12 Knights by Christmas
 - From Oct. 1 - Dec. 31, any district deputy whose district brings in 12 or more new members will receive \$200 and be recognized by name in *Knightline*.
 - In order to be eligible for the prize, You must have taken the [mandatory online training](#) that was launched earlier this fraternal year. Monetary prizes will be sent in early 2020. [Click HERE for more information.](#)
- Schedule your upcoming district midyear membership meeting to follow your state midyear meeting
- Councils that did not pay their Supreme Per Capita by Oct. 10, 2019, have been suspended. Please urge these councils to send their payment in as soon as possible if they have not already to become active again.
- Remember to complete the required DD Training module accessed through Officers Online or the Open Enrollment site. [Officers Online Instructions HERE](#) [Open Enrollment Instructions HERE.](#)

Start Planning - The Annual Survey of Fraternal Activity (#1728) - Available Dec. 1
Remind your councils to start preparing data collection efforts and council records so that they can complete the [Annual Survey of Fraternal Activity \(Form 1728\)](#). Jan. 31 is the due date for submitting the 2019 Annual Survey of Fraternal Activity (#1728). The best method for submitting this very important form is by using the [ONLINE submission which can be done in Officers Online.](#)



LIFE

Together, your councils have placed more than 1000 ultrasound machines in pro-life pregnancy centers in just ten years. As you know, hosting fundraisers for the machines is a difficult but crucial part of those life-saving efforts.

Council 12567 from Littleton, Colorado has raised funds for ultrasound machines by hosting a Respect Life 5K Race. Please consider sharing the video below to promote the great work being carried out by your brother Knights and to encourage others to participate in the [Ultrasound Program](#). The more ultrasound machines we can place in our communities, the more lives we can save. [Watch Video.](#)

Season 2 of Everyday Heroes is live!

[Visit kofc.org/heroes to view the videos](#), and remember to encourage your councils to show these videos at events!

Next Webinar: Tues., Jan. 14, 2020 | 8:30 p.m. Eastern | Developing your Half-Time Strategy to Win
The very best football teams make "adjustments" to attain positive outcomes in the second half of the game. Councils are no different. Why keep doing things that aren't working. Our Fraternal Mission staff will provide time-tested ways to help change the culture and achieve short term wins to help your council grow.

[Register Now](#)

Giving Tuesday, Giving Warmth

On Giving Tuesday, Dec. 3, thousands of charities across the globe respond to the shopping frenzy of Black Friday with a day dedicated completely to charity.

This year, Knights of Columbus Charities and Fraternal Mission are piloting a program that puts digital fundraising tools into council leaders' hands so they can take part in #GivingTuesday.

Councils in the U.S. can create individual fundraising teams to fundraise as part of the Knights of Columbus "Giving Tuesday, Giving Warmth" campaign. Every council who raises at least \$1,500 (roughly equivalent to six cases of coats) can receive a Coats for Kids credit on their Star Council and Columbian award applications.

DDs should notify all grand knights in their district of this opportunity and encourage them to add this 24-hour day of giving to their charitable fundraising.

For more information or to create a fundraising team, please visit donate.kofccharities.org/GivingTuesday.

Learn more about the campaign using this brochure (available in [onscreen-version](#) or [printable version](#)).

Email dd@kofc.org with questions or visit kofc.org or Call (203)752-4270

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12 Knights By Christmas– Membership Incentive for DDs

Worthy District Deputies,

In October we launched our 12 Knights by Christmas Incentive which rewards and recognizes district deputies whose councils bring in 12 or more members by Christmas.

As of Nov. 1, 36 district deputies have already earned \$200 and recognition in an upcoming issue of *Knightline*! Congratulations to the following district deputies:

Jurisdiction	District	Name	Total as of Nov. 1
New York	008	Charles Shami	27
Pennsylvania	129	James Rebel	26
Alberta	013	Joseph Duenas	25
District of Columbia	005	Patrick Ambrogio	19
Indiana	010	Richard Burmeister	19
Louisiana	014	Thomas Cooper	18
New Jersey	036	Michael Leyden	18
New York	021	James McCabe	18
North Carolina	028	William Werbowski	17
Alberta	033	Thomas Owen Monck Sr.	17
Texas	103	Kevin Quinn	17
Virginia	029	Edward Miller	16
Ontario	108	Joe Chuen Cheung Chan	16
California	079	Edward Stankunas	16
Texas	111	Thomas Galvin	16
Georgia	015	Gary Klose	15
British Columbia	027	John Cianfaglione	15
Indiana	021	Edward Shay	15
Ontario	001	Harold Marcotte	15
New York	016	Raymond Foster	14
Nevada	009	Eugene Peluso	14
Illinois	014	Steve Haraf	13
Illinois	037	Anthony Carlino Jr.	13
New York	058	Donald Mackenzie	13
Virginia	014	Jacinto Fernandes	13
Ontario	053	Christopher Thomes	13
Wisconsin	069	Timothy Nighbor	13
Georgia	016	Michael Subasic	12
Louisiana	061	Eduardo Suarez	12
New Jersey	028	Richard Kohnke	12
New York	090	John Friedline	12
Virginia	019	Vernon Ducote	12
Alberta	032	James Erbe	12
British Columbia	018	Ken Kruger Jr.	12
Ohio	032	Brett Hazen	12
California	081	Jose Carlos Sousa	12

In addition to the 36 districts, nearly 400 district deputies are on pace to earn the reward and recognition, and have 8 or fewer members left to go. [Click here to see which districts are on pace for 12 Knights by Christmas.](#)

Thank you all for your leadership and support. Your councils are counting on you to help them grow and put their faith in action.

Please let us know if there's anything we can do to support your work.

Faternally,

Matthew St. John
Director of U.S. Membership Growth

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Distributor update for Fourth Degree Regalia



KNIGHTS OF COLUMBUS®

This message pertaining to the Fourth Degree regalia contains the corrected phone number for customer service.

We are pleased to welcome “The Supply Room” (TSR) as the new distributor of Knights of Columbus Fourth Degree regalia.

TSR is a world-class, leading distributor of military and law enforcement uniforms, located in Oxford, Alabama. In addition to 100+ years of experience and a solid reputation for quality, they will offer customer service representatives dedicated to Knights of Columbus uniform orders.

Our uniforms will remain of the highest quality, while the cost will drop to \$449. Because of the transition, all ordering of uniforms will be suspended Nov. 1 and resume on Dec. 1.

What to know:

- As before, orders may be placed at kofcuniform.com.
- The customer service number remains the same and is available at **1-833-562-4327**.
- TSR customer service is able to assist with questions regarding uniforms ordered from the previous fulfillment company.

We remain grateful to our Sir Knights and are proud of the dignity and respect with which you represent the Order in your parishes and communities.

Thank you for letting us serve you.

Knights of Columbus
1 Columbus Plaza
New Haven, CT 06510

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District Deputy REMINDERS-

- ◆ Form Admission Degree programs for your Councils, and Formation Degree Team for your District
- ◆ Make sure NEW COUNCIL OFFICERS PROGRAM LEADERS are **SAFE ENVIRONMENT COMPLIANT** as needed
- ◆ Check your "STAR TRACKER" Reports
- ◆ Basketball Free Throw
- ◆ Keep Christ in Christmas and Substance Abuse Awareness-Poster Contests
- ◆ Coats for Kids

Contact Us

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California State Council**
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West Covina, CA 91792

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Email: State.Office@californiaknights.org

Visit us on the web at
www.californiaknights.org



Calling Out to All Chapter Presidents and State Committeemen

*The **GOLDEN STATE KNIGHTLETTER** would like to offer article space for your noteworthy accomplishments, events and notices. Please submit your materials or encourage your councils to do so.*

*Worthy **DISTRICT MASTERS** are also invited to submit noteworthy events or materials for statewide distribution.*

- Editor

Worthy Brother Knights All,

PLEASE send me your comments, stories, events, successes, awards, recognitions, celebrations... and photographs to proudly show our California Charity, Unity, Fraternity and Patriotism!

Sumbimssion deadline– 10th of every month for current newsletter

Please indicate "GSK Article" in your subject line. If you are including photos please try to make sure participants are identified, and photo credits provided.

PLAN AHEAD– If you wish to promote a program, please submit your information for publication the issue month PRIOR to your event dates, as publication will be in the 2nd half of the calendar month.
EXAMPLE: Program Event in DECEMBER; submit for publication by NOVEMBER 10.

Roark Galloway, PGK

Editor, California Golden State Knightletter
frgalloway120@gmail.com

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