

## California State Council Knights of Columbus



**State Officers**  
CY 2019—2020

**State Deputy**  
Dave Abbott

California  
2019-2020



"Love one another as I have loved you"

**State Chaplain**  
Rev. John Cantwell, Ret.  
Sacramento Diocese

**State Secretary**  
Steve Bolton

**State Treasurer**  
Dr. Noel Panlilio

**State Advocate**  
Rene Trevino

**State Warden**  
Greg Marracq

**Immediate PSD**  
Joe Salaiz

# Golden State Knightletter

## CHRISTOPHER COLUMBUS AND FAKE HISTORY

by Gerald Korson <http://www.kofc.org/en/columbia/detail/christopher-columbus-fake-history.html>

*This was originally published on www.KofC.org website on September 1, 2017 and is as significant today. - Editor*



*Landing of Columbus, 1846, by John Vanderlyn*

An 1846 painting depicts Christopher Columbus and members of his crew on a beach in the West Indies after arriving on his flagship Santa Maria Oct. 12, 1492. The work was commissioned by the U.S. Congress and installed in the Capitol Rotunda in 1847.

### ONCE THE TARGET OF ANTI-CATHOLIC SENTIMENT, COLUMBUS IS OFTEN SLANDERED BY THOSE WHO MISREPRESENT HIS LEGACY

Driven in large part by political correctness and partisan academics and activists, it has become fashionable in recent years to criticize Christopher Columbus and the holiday named in his honor. A closer look, however, reveals the famed explorer to be a man of faith and courage, not a monster.

Many of Columbus' modern critics rely on a warped and politicized reading of history, and it is not the first time the explorer has endured such attacks. When a resurgence of anti-Catholic bigotry erupted in early 20th-century America, Columbus was a favorite target then as well.

*Continued on page 4 >>>*

### Forms DUE - NEW COLUMBIAN YEAR JULY 01, 2020

Form SP-7 (Faith in Action updated )	<i>Columbian Award</i>	Due BY - JUN 30
Form 185 (Council Officers) / Form 186 (Assembly officers)		- JUL 01
Form 365 (Council Program Directors)		- AUG 01
Form 103 (Application for (re-)Appointment of Financial Secretary)		- as needed

## STATE DEPUTY'S MESSAGE

### A NEW YEAR AHEAD!



My Brothers,

I recently ran across an interesting saying and it describes perfectly what I am feeling right now: "Be proud of where you have been and have faith in where you are going." This has proven to be a most interesting year and I am so grateful for the help and support provided by all of you. I don't think any of us quite expected the year to end the way it has – a pandemic in our generation? We have been taught that science can achieve the seemingly impossible from putting a man on the moon to decoding the human genome. When all is said and done, our faith, family, and dedication to the life and Gospel of our Lord Jesus Christ continues to be the most endearing and enduring part of our lives. Just like our forefathers, we will persevere and come out of the current situation stronger and better prepared for the future.

There are so many things to talk about in this final month of the Columbian Year. I am so proud of you and the many accomplishments this past year including over twenty-one ultrasound machines placed in pregnancy centers in California and even one in Ireland! Enough money was raised for five containers of wheelchairs for veterans which will be distributed in collaboration with the statewide Veterans of Foreign Wars and other veterans' organizations. We also experienced twelve months of continuous membership growth even if it has become painfully apparent we won't quite make our statewide membership goal for the year.

As our churches and businesses begin to open up the coronavirus continues to be a concern. Please continue to focus on the five pillars of the *Leave No Neighbor Behind* program which includes supporting our Brother Knights, supporting our parishes, supporting our communities, feeding the hungry and participating in blood drives. There are many, many stories of Knights and Councils stepping up during the current emergency. As I have said on several occasions, our principle duty for the immediate future is to lead our families, protect our parishes, and serve our communities while being conscientious about our own health and the health of those around us.

Please do continue to strive to grow our Order. The more active Catholic men we have in our churches and councils the more we can do, the more we can serve, and the more we will be a force for good in the world. From now through June 30 there are two online membership specials – one allowing men to join at the discounted rate of \$15 by entering "CAKOFCC" in the online application found at [kofc.org/joinus](http://kofc.org/joinus), OR, a second allowing their entire \$30 first year membership payment to go to *Leave No Neighbor Behind* charities by entering "GIVE2020" when filling out the online application. **Remember, an online member counts as a new member when they attend a Combined Exemplification of Charity, Unity and Fraternity and join your council.**



**Recruiter Incentives  
Begin June 1, 2020**

Remember also, the **State Recruiter membership incentives for the 2020-2021 Columbian Year began on June 1** of this year and include dinners, hats, shirts jackets and watches. Get a head start and qualify for one of these valuable prizes right away!

Thank you for your charity and service! It has been a pleasure to serve you. Congratulations to State Deputy Elect **Stephen Bolton** and all the incoming State Officers, Directors and Committeemen for the new Columbian Year. In all that you do be **Knights of Faith – Knights of Charity – Knights of Action!**

May God Bless,

**Dave Abbott**

State Deputy

[state.deputy@californiaknights.org](mailto:state.deputy@californiaknights.org)

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**Knights of Faith – Knights of Charity – Knights of Action**

## California State Council Knights of Columbus State Officer Contact Information

### STATE OFFICERS

State Deputy - **DAVE ABBOTT**  
state.deputy@californiaknights.org

State Chaplain - **REV. JOHN CANTWELL**  
state.chaplain@californiaknights.org

State Secretary - **STEVE BOLTON**  
state.secretary@californiaknights.org

State Treasurer - **DR. NOEL PANLILIO**  
state.treasurer@californiaknights.org

State Advocate - **RENE TREVINO**  
state.advocate@californiaknights.org

State Warden - **GREG MARRACQ**  
state.warden@californiaknights.org

### STATE DIRECTORS

Membership Director - **T. W. STARKWEATHER**  
membership@californiaknights.org

Service Programs Director - **RICARDO SALDANA**  
programs@californiaknights.org

Operations Director - **GENE HAYS**  
operations@californiaknights.org

### SUPREME REPRESENTATIVES

Supreme Director - **JAMES SCROGGIN**  
jimscroggin@comcast.net

Territorial Growth Director, WEST - **ROBERT KISH**  
robert.kish@kofc.org

Regional Training Director, WEST- **KEN A. WHITE**  
ken.white@kofc.org

Hispanic & Ethnic Growth - **JOSE JIMENEZ**  
jose.jimenez@kofc.org

## STEPS FOR ENSURING PROPER APPOINTMENT or RE-APPOINTMENT of FINANCIAL SECRETARY

Due to the critical importance for ensuring financial integrity for your council and the order, there are specific steps to ensure continued representation in this position within your council to maintain good standing.

THIS position within your council is a 3 – year appointment by the Supreme Knight to be one of financial officers of the order. The steps for appointment are outlined in Section 128 of the Charter Constitution and Laws. (PDF [guide sheet for FS Appointment here](#)).

The [FINANCIAL SECRETARY'S GUIDE](#), a PDF publication from Supreme is available [here](#) for reference. (All forms listed below can be accessed by clicking on the form name.)

- At the CONCLUSION of 3 year term (or resignation or non-renewal) of the current FS, the council submits the [FORM 1938: Evaluation of Financial Secretary](#). *This must be completed even if the current FS is choosing to continue another term (with approval of council).* **If this is not completed, your council will receive notice from Supreme FS DIV that you do not have an appointed FS.**
- If current FS has completed their term but does not wish to renew (or resigns before end of term or not reappointed) FORM 1938 indicating reappointment NOT recommended by council is submitted, and is accompanied with a resignation letter.

**PLEASE NOTE - SUPREME FINANCIAL SECRETARY DIVISION WILL NOT PROCESS NEW FS APPOINTMENT WITHOUT COMPLETING RESIGNATION OF CURRENTLY APPOINTED COUNCIL FS ON RECORD.**

**These steps above alert Supreme that your council has an OPEN FS position for pending appointment.** The outgoing FS is expected to continue to perform his duties until officially replaced, or until removal after the 30 day time period.

- For REAPPOINTMENT of CURRENT FS for new 3 year term the council submits:  
[FORM 1938: Evaluation of Financial Secretary](#)  
[FORM 103: Nomination for Appointment as FS](#)
- For APPOINTMENT of NEW FS, the council submits:  
[FORM 101: Application for Appointment as FS](#)  
[FORM 103: Nomination for Appointment as FS](#)

#### FS Qualifications:

3rd Degree Knight in good standing / 21 years old / not hold any other council officer position / not licensed for the selling health or life insurance / no criminal record.

**SUBMIT FORMS:** [Financial.Secretary@KofC.org](mailto:Financial.Secretary@KofC.org)

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> > > *Continued from cover*

## Christopher Columbus and Fake History

Despite animus among some groups today, the majority of Americans view the explorer positively and with pride. In a K of C-Marist poll from December 2016, 62 percent of Americans expressed a favorable opinion of the explorer and 55 percent said they were in favor of Columbus Day, the holiday named for him. By contrast, fewer than 3 in 10 view Columbus unfavorably and only 37 percent oppose the holiday named for him.

Nonetheless, there have been political efforts to strip Columbus of honor, and the question of whether to continue to recognize Columbus Day is under review in many places. Some states and municipalities have removed the explorer's name from the holiday or eliminated the observance entirely.

### A COURAGEOUS JOURNEY OF DISCOVERY

Unfair attacks on Columbus, past and present, should not be allowed to obscure the truth about the man, his voyage and his motives. Born in Genoa, Italy, Columbus was a deeply Catholic explorer who was willing to go against the grain. He believed he could reach the shores of Asia by sailing a mere 3,000 miles west across the Atlantic. Such a passage would establish faster and easier trade routes than were possible through overland travel or by sailing south and east around Africa.

Scholars of his day calculated the distance to the Orient across the Atlantic at well over 7,000 miles, out of practical range for ships of the day. Those who were skeptical of the admiral's proposal did not hold that the earth was flat, as popular myth has suggested, but rather that it was much larger than Columbus believed. Despite his miscalculation, after 10 weeks Columbus did indeed find land — not the outskirts of the Orient, as he went to his grave believing, but an entirely new continent.

Later, as a nation began to coalesce out of the American colonies, its leaders recognized the admiral's legacy. "Columbia" served as an informal name for what would become the United States of America. The eventual designation of the nation's capital reflects the esteem the founders had for the Genoese explorer.

Beginning in the 1840s, waves of European immigrants swelled the ranks of Catholics in the United States, and along with that came an increasingly anti-Catholic, anti-immigrant backlash from the Protestant majority. Catholics were subject to discrimination, slander, ridicule, anti-Catholic propaganda and sometimes mob

violence.

It was within this hostile climate that **Father Michael J. McGivney** founded the Knights of Columbus in 1882. He and the founding Knights chose as the Order's patron Christopher Columbus — one of the few Catholics considered a hero of American history. Father McGivney believed the explorer represented both Catholicism and patriotism at the very root of America's heritage, thereby symbolizing that faithful Catholics also can be solid American citizens.

A decade later, as the Order celebrated its patron on the 400th anniversary of his discovery, President Benjamin Harrison proclaimed a national Columbus holiday. He called for "expressions of gratitude to Divine Providence for the devout faith of the discoverer, and for the Divine care and guidance which has directed our history and so abundantly blessed our people."

Colorado became the first state to establish Columbus Day in 1907, and others soon followed. In 1934, with strong urging and support by the Knights, President Franklin D. Roosevelt and Congress made Columbus Day a federal holiday, mandating its first annual observance on Oct. 12, 1937.

### ATTACKS OLD AND NEW

As the 1992 quincentenary of Columbus' arrival in the New World approached, vocal opposition to Columbus was heard from partisan and revisionist historians and activists who were often critical of Western civilization as a whole. That year, the city of Berkeley, Calif., changed Columbus Day to Indigenous Peoples Day, and several other municipalities have made similar moves, often explicitly as a means of dishonoring Columbus.

In response to one such initiative in Baltimore, Eugene F. Rivers III, founder and president of the Seymour Institute for Black Church and Policy Studies, published an op-ed article Dec. 2, 2016.

"To celebrate one cultural group does not require that we denigrate another," he wrote. "Rather than renaming Columbus Day, why not add another holiday, Indigenous Peoples Day, to Baltimore's calendar in honor of Native Americans?"

The 20th century ended with criticism of Columbus and Columbus Day in certain quarters, just as the early 20th century had seen similar opposition.

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When the Ku Klux Klan was revived in 1915 and targeted Catholics, Jews and minority groups whom they considered a threat to the nation's "Native, White, Protestant" identity, one of their targets was Columbus.

The Klan opposed the observance of Columbus Day, trying to suppress celebrations of the holiday at the state level. Klan members published articles calling Columbus Day a "papal fraud" and even burned a cross at a Knights of Columbus observance in Pennsylvania.

Today, one can still hear echoes of anti-Catholic prejudice in the modern attacks. For some, Columbus' sponsorship by Spain and introduction of Christianity and Western culture to the lands he discovered make him immediately suspect. The new wave of anti-Columbus attacks go so far as to say that Columbus intended nothing good.

"These criticisms primarily charge Columbus with perpetrating acts of genocide, slavery, 'ecocide,' and

oppression," explained Robert Royal, president of the Faith and Reason Institute and author of *1492 and All That: Political Manipulations of History* (1992).

Nonetheless, a closer examination of the record reveals a different picture.

"The dominant picture holds him responsible for everything that went wrong in the New World," wrote Carol Delaney, a former professor at Stanford and Brown universities, in her book *Columbus and the Quest for Jerusalem* (2011). In her opinion, "we must consider his world and how the cultural and religious beliefs of his time colored the way he thought and acted."

In a 2012 *Columbia* interview, Delaney further explained that Columbus found the native peoples to be "very intelligent" and his relations with them "tended to be benign." He gave strict instructions to the settlers to "treat the native people with respect," though some of his men rebelled and disobeyed his orders, particularly during his long absences, Delaney added.

Columbus' voyage made the Old and New Worlds aware of each other for the first time, eventually leading to the founding of new countries in the Western Hemisphere. Diseases inadvertently carried to the New World by the Europeans caused the greatest number of casualties by far, killing some 90 percent of native populations according to some estimates.

"There were terrible diseases that got communicated to the natives," Delaney said, "but he can't be blamed for that."

### A RENEWED DEFENSE

According to Royal, arguments against Columbus by modern critics often constitute a "new, contemporary form of the 'Black Legend'" — anti-Spanish propaganda dating back to the 16th-century that stereotypes Spanish explorers as uniquely cruel and abusive.

The writings of Bartolomé de las Casas — a 16th-century Spanish Dominican priest, historian and missionary — exposing the abuse of the native peoples are often cited in an effort to impugn Columbus. But while de las Casas lamented the suffering of indigenous people, he also admired and respected Columbus for his "sweetness and benignity" of character, his deep faith and his accomplishments.

"He was the first to open the doors to the ocean sea, where he entered the remote lands and kingdoms which until then had not known our Savior, Jesus Christ, and his blessed name," de las Casas wrote in

*Continued on page 6 >>>*



This statue of Christopher Columbus, dedicated by Italian-American residents in New Haven, Conn., was erected in 1892 in Wooster Square Park. In 2004, restoration of the statue was partially funded by the Knights of Columbus.

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## Christopher Columbus and Fake History

his *History of the Indies*. While cognizant that Columbus was human and made mistakes, de las Casas never doubted the explorer's good intentions, writing: "Truly, I would not dare blame the admiral's intentions, for I knew him well and I know his intentions are good."

According to Delaney, Columbus "fervently believed it was the duty of every Christian to try to save the souls of non-Christians," and it was this passion that "led him on a great adventure, an encounter such as the world has never seen."

Not surprisingly, popes since the late 19th century have praised Columbus' mission of evangelization. **Pope John Paul II**, while celebrating Mass at a Columbus monument in the Dominican Republic near the 1992 quincentenary, said the crossshaped memorial "means to symbolize the cross of Christ planted in this land in 1492."

In a speech to the young people of Genoa in May, **Pope Francis** talked about how a disciple of Christ needs the "virtue of a navigator," and he pointed to the example of Columbus who faced "a great challenge" and showed "courage," a trait he indicated was essential to becoming a "good missionary."

As it did a century ago, the Order is defending Columbus today. When Colorado lawmakers weighed a bill to repeal Columbus Day as a state holiday earlier this year, the Knights of Columbus helped lead the opposition. Recalling the Klan's earlier efforts to oppose Columbus Day, the K of C noted that the measure was not a progressive step but rather "regressive as it takes us back to what the Klan outlined in the 1920s in order to promote ethnic and religious resentment."

The Knights of Columbus has defended its patron from unfair attacks, urging that he continue to receive official recognition as a man of faith and bravery. Columbus represents the kind of heroic courage and religious faith that inspired the establishment of the United States. Although he surely holds special meaning for Catholics and for Italian Americans, Columbus is a figure all citizens of the New World can celebrate.

For this reason, Supreme Knight **Carl Anderson** said in his annual report this year, "We will continue to defend the truth about Columbus and Columbus Day."

\* \* \* \*

<https://www.cacatholic.org/california-catholic-conference-issues-statement-removal-st-serra-statues-state>

## California Catholic Conference Issues Statement on Removal of St. Serra Statues in the State

**SACRAMENTO**, June 22, 2020 – *The California Catholic Conference of Bishops has issued the following statement in response to the removal of St. Junipero Serra statues in the state:*

"The movement to confront racism within our society during these past weeks has been, at times, challenging but it has provided bold new hope for every American that our nation can begin to transform key elements of our racist past and present. We vigorously and wholeheartedly support a broad national coalition, especially in its peaceful dedication to eliminating racism against members of the African-American and Native American communities.

"During the past week the specific question of removing statues of political, military and cultural leaders of the past has gained momentum. If this process is to be truly effective as a remedy for racism, it must discern carefully the entire contribution that the historical figure in question made to American life, especially in advancing the rights of marginalized peoples.

"In calling for the removal of images of Saint Junipero Serra from public display in California, and in tearing down his statue in San Francisco and in Los Angeles, protesters have failed that test. As **Archbishop Cordileone** pointed out in his recent statement:

*St. Serra made heroic sacrifices to protect the indigenous people of California from their Spanish conquerors, especially the soldiers. Even with his infirmed leg which caused him such pain, he walked all the way to Mexico*

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<http://www.usccb.org/news/2020/20-84.cfm>

## STATEMENT OF U.S. BISHOPS' PRESIDENT ON GEORGE FLOYD AND THE PROTESTS IN AMERICAN CITIES

May 31, 2020



WASHINGTON – **Archbishop José H. Gomez** of Los Angeles and president of the U.S. Conference of Catholic Bishops (USCCB) has issued a statement on **George Floyd** and the protests in American cities that have taken place over the last several days. This follows the [Friday statement](#) from seven U.S. bishop chairmen of committees within the USCCB.

Archbishop Gomez's full statement follows:

The killing of George Floyd was senseless and brutal, a sin that cries out to heaven for justice. How is it possible that in America, a black man's life can be taken from him while calls for help are not answered, and his killing is recorded as it happens?

I am praying for George Floyd and his loved ones, and on behalf of my brother bishops, I share the outrage of the black community and those who stand with them in Minneapolis, Los Angeles, and across the country. The cruelty and violence he suffered does not reflect on the majority of good men and women in law enforcement, who carry out their duties with honor. We know that. And we trust that civil authorities will investigate his killing carefully and make sure those responsible are held accountable.

We should all understand that the protests we are seeing in our cities reflect the justified frustration and anger of millions of our brothers and sisters who even today experience humiliation, indignity, and unequal opportunity only because of their race or the color of their skin. It should not be this way in America. Racism has been tolerated for far too long in our way of life.

It is true what Rev. Martin Luther King, Jr. said, that riots are the language of the unheard. We should be doing a lot of listening right now. This time, we should not fail to hear what people are saying through their pain. We need to finally root out the racial injustice that still infects too many areas of American society.

But the violence of recent nights is self-destructive and self-defeating. Nothing is gained by violence and so much is lost. Let us keep our eyes on the prize of true and lasting change.

Legitimate protests should not be exploited by persons who have different values and agendas. Burning and looting communities, ruining the livelihoods of our neighbors, does not advance the cause of racial equality and human dignity.

We should not let it be said that George Floyd died for no reason. We should honor the sacrifice of his life by removing racism and hate from our hearts and renewing our commitment to fulfill our nation's sacred promise — to be a beloved community of life, liberty, and equality for all.



*City to obtain special faculties of governance from the Viceroy of Spain in order to discipline the military who were abusing the Indians. And then he walked back to California.*

*And lest there be any doubt, we have a physical reminder to this day: everywhere there is a presidio (soldiers' barracks) associated with a mission in the chain of 21 missions that he founded, the presidio is miles away from the mission itself and the school. St. Junipero Serra also offered them the best thing he had: the knowledge and love of Jesus Christ, which he and his fellow Franciscan friars did through education, health care, and training in the agrarian arts.*

“The historical truth is that Serra repeatedly pressed the Spanish authorities for better treatment of the Native American communities. Serra was not simply a man of his times. In working with Native Americans, he was a man ahead of his times who made great sacrifices to defend and serve the indigenous population and work against an oppression that extends far beyond the mission era. And if that is not enough to legitimate a public statue in the state that he did so much to create, then virtually every historical figure from our nation's past will have to be removed for their failings measured in the light of today's standards.”

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<https://www.lifesitenews.com/news/catholic-youths-heroically-stop-california-mob-from-tearing-down-saints-statue>

# Catholic youths heroically stop California mob from tearing down saint's statue

*The young Catholics placed themselves between the vandals and the statue of Saint Junipero Serra located at Ventura city hall in California*

Thu Jun 25, 2020 - 3:36 pm EST By **Pete Baklinski**

VENTURA, California, June 25, 2020 ([LifeSiteNews](https://www.lifesitenews.com)) – A group of courageous young Catholics surrounded the statue of a saint in Ventura, California last Saturday, placing their bodies in between **Junipero Serra** and the mob who wanted to tear him down.

The anti-Serra demonstrators had put out a call on social media for the June 20 event that began at 1 PM. Calling the event “Tear down Junipero Serra,” the demonstrators stated that “No longer shall we celebrate the enslavement, rape, and genocide of the original people of Ventura.”

That same weekend, statues of Catholic saint Serra, considered the founder of the California missions, were toppled and defaced in San Francisco’s Golden Gate Park and historic Olvera Street in Los Angeles. Serra, a Spanish Franciscan missionary to the United States, helped to found nine missions in California in the late eighteenth century. He established the mission of San Buenaventura in 1782, which is now present-day Ventura. His statue was erected at city hall in 1936. The current bronze statue was erected in 1989. **Pope Francis** canonized him in 2015.

At 1 PM, anti-Serra demonstrators, about 200, gathered near the statue of the saint, located in front of Ventura’s city hall, where they began a rowdy demonstration.

Rally speakers addressed a diverse and vocal crowd whose slogans included “Black Lives Matter” and who held signs reading “He Ain’t No Saint” and “Father Genocide.”

Some speakers, like local Chumash elder **Julie Tumamait-Stenslie**, appealed for a peaceful and ordered removal of the statue, while others tried to rally the crowd to pull the statue down immediately, with repeating chants of “Tear it down! Tear it down!”

Some of the anti-Serra crowd appeared to have brought tools needed to pull the statue down, video evidence shows.

But, thanks to the saint’s new bodyguard of dozens of



*Catholic youths protect statue of Saint Serra, June 20, 2020, Ventura, California.*

young Catholics, including a priest, the city’s Serra statue was not toppled. Padre Serra continued to gaze out over Ventura from his place in front of City Hall as the sun went down Saturday evening.

Prior to the 1 PM demonstration, dozens of pro-Serra activists had surrounded the statue to protect it from the vandals. As the rally began, they stood quietly, some holding signs reading “Save Serra,” some praying.

*Continued on next page >>>*

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Any attempt to pull down the statue would have meant forcibly removing those who encircled its base, something which the anti-Serra demonstrators had not anticipated. The counter-protesters — mainly Catholic college students — were unmoved by taunts, insults, and the cloud of exhaust from a generator that rally organizers had placed close to them.

California Catholic Daily reported that at one point, anti-Serra protesters made a rush on the statue:

As the event wore on with the statue still undamaged, some [anti-Serra] speakers tried to work the crowd into a frenzy. When one asked, “Who’s with me?” for tearing down the statue at that moment, and pointed the way, the crowd made a rush. The [Serra] supporters closed ranks around the pedestal and stared down a man brandishing a metal stake at the head of the crowd. He swung it threateningly until one of the [Serra] supporters grabbed hold of it. Meanwhile, another [Serra] supporter ran down the street to a parked squad car and asked the police to come closer. A few cars pulled up with lights and sirens, cooling the fervor of the crowd.

At Tumamait-Stenslie’s invitation, **Father Tom Elewaut**, pastor of the historic Mission San Buenaventura, the final mission established by Junipero Serra, addressed the crowd and then joined pro-Serra activists at the base of the statue.



*Anti-Serra demonstrators* ▶

*confront Catholic youths surrounding the statue, June 20, 2020, Ventura, California.*



As the rally officially ended, Rev. Elewaut blessed those gathered to protect the statue.

Many anti-Serra demonstrators left but a significant number remained. Ventura police, who had watched from a distance during the rally, moved in closer at one point as a throng of anti-Serra demonstrators heckled and taunted the young people who still remained to protect the statue.

By about 4 PM, activists on both sides had dispersed. The statue of Ventura’s founder remained, but its fate continues to be uncertain as city officials, church leaders, and tribal elders continue to negotiate its fate.

The bishops of California later in the week issued a carefully worded statement expressing their disapproval of the tearing down of statues of the saint.

While Saturday’s victory may be only a temporary reprieve, the Catholic young people went home that day knowing that they had accomplished an important symbolic victory.

◀ *Catholic youths with a priest [Fr. Elewaut, far left] surround the Saint Serra statue located in Ventura, California, June 20, 2020.*

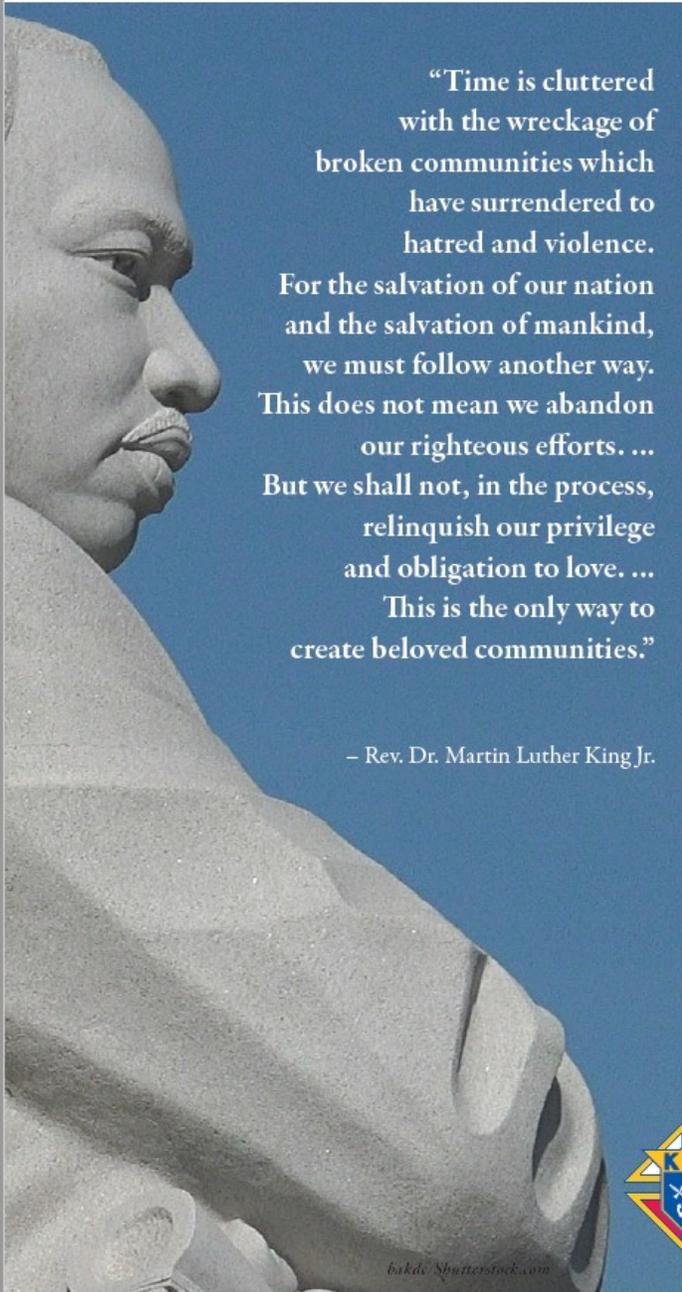
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# NOVENA FOR NATIONAL UNITY & AN END TO RACISM

SUNDAY, JUNE 7 – MONDAY, JUNE 15



“Time is cluttered  
with the wreckage of  
broken communities which  
have surrendered to  
hatred and violence.  
For the salvation of our nation  
and the salvation of mankind,  
we must follow another way.  
This does not mean we abandon  
our righteous efforts. ...  
But we shall not, in the process,  
relinquish our privilege  
and obligation to love. ...  
This is the only way to  
create beloved communities.”

– Rev. Dr. Martin Luther King Jr.

## PRAYER TO THE MOST HOLY TRINITY

Heavenly Father, you so loved the world that you sent us your only begotten Son as our Redeemer. The Holy Spirit rested upon your Beloved Son as he preached the Good News, cured the sick, and gave his life to break down each sinful barrier that separates us from you and from one another. With your Son, O Father, you sent the Holy Spirit upon your Church that she might extend your saving truth and love to every race and nation.

So it is that we praise you, O Glorious Trinity, One God in Three Persons, united in one Divine Nature yet distinct in each Person — Father, Son, and Holy Spirit. As you are united in one Divine Nature, we ask you to bring together in your love all whom hatred and racism have separated. Pour your love into our hearts, that we may speak the truth boldly and in a spirit of charity, and labor unceasingly for justice, peace and reconciliation in our divided nation and world. O Father, source of every blessing, O Son, Radiant Truth, O Spirit of Love, enable us to respect and love those who are different from ourselves and remove from our hearts, our homes, our Church, and our society every trace of racism.

Grant us, in your mercy, renewed and lasting resolve ‘to mend our ways, to encourage one another, to agree with one another, and to live in peace.’ (cf. 2 Cor 13:11) Grant us the wisdom to create a civilization of truth, justice and love, worthy of your Kingdom. Then we shall know that you are truly with us, O God of life, truth and love, living and reigning forever and ever. Amen.



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## \*\* Champions of Children Award \*\*

My Brothers,

One of the new awards implemented this Columbian Year is the "Champions of Children" Award. It will be granted to councils in Divisions 1 through 5 **based on the number of members who have completed Praesidium's Armatus Safe Environment training offered by the Supreme Council. The number may include BOTH those required to take the training and those who have taken it voluntarily.** In order to qualify for the award, please report the number of members in your council who have completed Safe Environment training by clicking [here](#) and completing a brief questionnaire. **The deadline for members in your council to complete the training and increase your chances of winning this award has been extended thru June 30, 2020.**

<p>PRAESIDIUM'S ARMATUS® Safe Environment Program Training <b>START ►</b></p>	<p>PRAESIDIUM'S ARMATUS® Safe Environment Program Training <b>START ►</b></p>
<p><b>FOR LEADERS</b></p> <ul style="list-style-type: none"> <li>State Deputies</li> <li>State Advocates</li> <li>State Program Directors</li> <li>State Youth Directors</li> <li>State Community Directors</li> <li>State Family Directors</li> <li>State Squire Chairmen</li> <li>Grand Knights</li> <li>Program Directors</li> <li>Community Directors</li> <li>Family Directors</li> <li>Chief Counselors (Squires)</li> <li>Counsellors (Squires)</li> </ul>	<p><b>FOR EVERYONE</b></p> <p>Members not listed on the other button, are encouraged to take the training as well by pressing the blue button.</p> <p>The Registration Code is <b>kofcsafe</b>.</p> <p><b>Please Note:</b> If a member is later appointed to a role listed on the other button, the member may be required to retake the training in that role.</p>

May God bless,

**Dave Abbott**

State Deputy  
Knights of Columbus

California State Council  
(530) 680-0401

[state.deputy@californiaknights.org](mailto:state.deputy@californiaknights.org)

Click on image above to be taken to SAFE  
ENVIRONMENT training portal

"EVERY MEMBER A RECRUITER!"

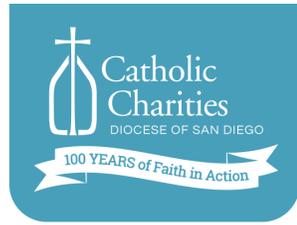
**Knights of Faith – Knights of Charity – Knights of Action**

# Leave No Neighbor Behind - SAN DIEGO CHAPTER REPORT



By **Tom Davis**, San Diego Chapter Vice President / Chapter President Elect

Back in March when the US and the rest of the world began to shut down following stay-at-home orders to slow the spread of COVID-19, food banks and charitable organizations predicted the increased need for their services. Down in San Diego, Chapter Charities (CCSD), led by KofC Brother **Vino Pajanor** partnered with the San Diego Food Bank to establish the Emergency Food Distribution Network (EFDN). They coordinated with the (San Diego) Diocese to establish food distribution sites at 20 local parishes beginning the first week of April.



▲ San Diego Chapter President Elect **Tom Davis** distributing food parcels to needy families in San Diego

▼ Food Distribution in El Centro ▶



The San Diego Chapter of the KofC was brought in as well to help as an additional partner and coordinate with the local councils. The Knights were asked to volunteer for multiple parts of the program; Bulk food pick-up from Cathedral High, sorting food and filling bags for donation at the parishes, and delivery to those unable to pick up due to the need to remain quarantined.

The Knights quickly became a vital partner for Catholic Charities in every aspect of the program. "There was no way we could have managed the EFDN program without the Knights of Columbus" stated **Deanna Wolf** with Catholic Charities.

Knights from all across the Chapter, including out in Imperial County stepped up to help run the program, with some parishes relying completely on the Knights for its execution. As of early June, 40,000 families have been supported with food donations. Food distributions continue as the economy opens back up, and will remain open as long as the need and availability of food allows.

Food distribution at Cathedral Catholic High School.



▲ State Treasurer **Rene Trevino** (left), CCSD Director **Vito Pajanour** (middle), San Diego Chapter President **Armando Mena** (right) deliver bulk food to parishes at the central distribution site, Cathedral Catholic High School.



State Treasurer **Rene Trevino** (left), and his wife **Carla** distributing food at Cathedral Catholic High School. ▶



**"EVERY MEMBER A RECRUITER!"**

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# Leave No Neighbor Behind - A COUNCIL REPORT

By **Steve Matia**, Financial Secretary, Mar Toma Council 10981, St. Peter Chaldean Cathedral San Diego Chapter

I hope you and your family are doing well and have been staying safe. With everything going on our council has not had the opportunity to do too much, but with the recent reopening we are trying to help and contribute to the community as best as we can.

During the closure, our council raised and donated \$20,000.00 to our parish to help cover the growing expenses as masses were suspended the collections could not be received. We have also been an integral part of the mass reopening by helping with wellness checks at the door, providing masks and participating as ushers.

[T]his week we decided that we wanted to give back to our local police. After meeting last week, we decided to donate lunch to two local police departments, the El Cajon Police Department and Rancho San Diego Sheriffs station. Through the help of the council, we purchased 200 individual lunches for both departments. The brothers donated the money and the time to deliver these lunches and the officers and deputies were overly gratified. As you probably agree the police are an integral part of our community and we wanted to make sure our partnership and support is still strong especially with everything going on.



I have included some pictures in case there is some room in the next state newsletter.

Other than that we are looking for creative ways to continue our mission and be active in our church and community.

God bless you and your family.

**“EVERY MEMBER A RECRUITER!”**

**Knights of Faith – Knights of Charity – Knights of Action**

# RECRUITING INCENTIVES 2020 - 2021 (the images from



## California Recruiting Incentives 2020-2021

*Recruiter Incentives begin June 1, 2020*



ST PETER THE APOSTLE  
PRAY FOR US

Stephen Bolton, State Deputy  
Cell: 714-222-8880  
state.deputy@californiaknights.org

Michael Jones, State Membership Director  
Cell: 918-898-0001  
membership@californiaknights.org



From the Desk of the State Deputy  
July 1, 2020

Brothers,

The California State Council's theme for the 2020-2021 Fraternal Year is, "BE BOLD". Be proud of who we are and what we are. We are proud Catholic American Citizens and members of the Knights of Columbus family.

It is our moral obligation to ask every Catholic man, over 18 years old, to become a member of the Knights of Columbus! Sometimes the hardest thing about recruiting is taking the first step. Recruiting a new member can be as easy as asking him to join. Amazingly, many individuals haven't joined the Knights simply because they have never been asked to join. When the opportunity arises, take the initiative and start a conversation with a potential prospect. It's the first step for recruiting on a one-on-one basis and can yield very positive results.

Every member of the Knights of Columbus in California is eligible to participate in the "2020-2021 Recruiting Incentives Program". All you need to do is recruit a new member, be a friend and guide them through their application process, escort them to the Combined Exemplification, and help start them on their way as a successful Brother Knight in our Order.

Please feel free to reach out to either the State Membership Director, Michael Jones or myself for any assistance we can offer towards your successful recruitment efforts.

Vivat Jesus,  
*Stephen Bolton*  
State Deputy 2020-2021

Knights of Columbus  
California State Council  
PO Box 2849  
West Covina, CA, 91793

"EVERY MEMBER A RECRUITER!"

Knights of Faith – Knights of Charity – Knights of Action

brochure are rotated to provide best readability)

**DISTRICT DEPUTY INCENTIVES**  
**July 1<sup>st</sup> 2020 - June 30<sup>th</sup> 2021**

•DD Fast Start Incentive - by October 31<sup>st</sup> 2020 All Active Councils in District must be current on forms (185, 365, 1295) and Safe Environment compliant. Also, 50% of District Membership Goal must be achieved. Awarded to the DD at the 2020 DD Mid-Year Meeting; The DD will receive a California KofC Recruiter Jacket.



•DD Convention Time Incentive - by April 1<sup>st</sup> 2021 All Active Councils in District must be current on forms (185, 365, 1295, 1728) and Safe Environment compliant. Also, 75% of District Membership Goal must be achieved. Awarded to the DD at the 2021 State Convention; The DD will receive a KofC Polo Shirt.



•DD Year End Incentive - by June 30<sup>th</sup> 2021 Achieve "Star District" as set by Supreme, all Active Councils in District must be current on forms (185, 365, 1295, 1728) and Safe Environment compliant. Awarded at 2021 Chapter Installation; The DD will receive a new KofC Watch.



**CHAPTER PRESIDENT INCENTIVES**  
**July 1<sup>st</sup> 2020 - June 30<sup>th</sup> 2021**

All Chapter Presidents also have an opportunity to get in on the fun this year. Incentives will be awarded to the 3 Chapter with the highest % of intake Goal as shown on the 2020-2021 year-end Star Tracker.



•3rd Highest % Chapter; President will receive an invitation to dine in his local area with the State Deputy and his wife.

•2nd Highest % Chapter; President will receive a \$500 Gift Certificate to a high-end Steak House (Ruth's Chris, Morton's or similar).



•1st Highest % Chapter; President will receive a 3-day Cruise for he and his wife.



Depart out of Long Beach, CA. to Baja Mexico.

**COUNCIL INCENTIVES**  
**July 1<sup>st</sup> 2020 - June 30<sup>th</sup> 2021**

•Grand Knight Incentive Every GK that achieves Star Council for the 2020-2021 Fraternal Year will receive a California KofC Recruiter Jacket.



•Council Fast Start Incentive - by October 31<sup>st</sup> 2020 Achieve or exceed the Council membership goal, set by Supreme.

Awarded to the Council at the 2020 DD Mid-Year Meeting. 100% of goal: receive a KofC PopUp Canopy 150% of goal: a KofC Canopy and Feather Flag 200% of goal: a KofC Canopy, Feather Flag, Table Cloth 250+% of goal: The State Officers will provide and Cook a BBQ at and for your Council. Up to 150 guests.

•Council Convention Time Incentive - by April 1<sup>st</sup> 2021 Achieve or exceed the Council membership goal, set by Supreme.

Awarded to the Council at the 2021 State Convention. 100% of goal; receive a KofC Feather Flag 150% of goal: a KofC Table Cloth 200% of goal: a KofC Bean Bag Toss 250+% of goal: a brand new 8-burner propane gas grill

•Council Year End Incentive - by June 30<sup>th</sup> 2021 Achieve or exceed the Council membership goal, set by Supreme.

Awarded to the Council at 2021 Chapter Installation. 100% of goal; receive a KofC Feather Flag 150% of goal: a KofC Table Cloth 200% of goal: a KofC Bean Bag Toss 250+% of goal: a brand new 8-burner propane gas grill



Note: A Council can only earn one incentive award per % of intake period, and can win again for a higher % intake period. Example: A Council can earn the incentive for 100% "Fast Start" but NOT again for the 100% "Convention Time". They must achieve 150% or higher at "Convention Time" to be awarded. The more you grow your Council throughout the year, the more you can be awarded.

\*These Membership Incentives are for the 2020-2021 Fraternal Year. Only exception is the "RECRUITER INCENTIVES" that begin June 1<sup>st</sup> 2020.  
\*Membership intakes are based on Supremes Daily Progress Report.  
\*Recruiters must sign as a Proposer to be eligible.  
\*All decisions are final as of the deadlines listed.  
\*Actual awards may appear different than shown.

**RECRUITER INCENTIVES**  
**June 1<sup>st</sup> 2020 - June 30<sup>th</sup> 2021**

•Any Brother Knight who recruits a new member and signs as their proposer, qualifies for an incentive drawing. At the end of the 2020-2021 Fraternal Year, one name will be randomly drawn and that proposer will receive an invitation to dine in his local area with the State Deputy and his wife.



•Any Brother Knight who recruits 5 to 10 new members by the end of the 2020-2021 Fraternal Year; will receive a great looking KofC Cap.



•Any Brother Knight who recruits 11 to 15 new members by the end of the 2020-2021 Fraternal Year; will receive a KofC Polo Shirt.



•Any Brother Knight who recruits 16 or more new members by the end of the 2020-2021 Fraternal Year; will receive a California KofC Recruiter Jacket.



•The top 3 recruiters in the state, 1-North, 1-Central, and 1-South, by the end of the 2020-2021 Fraternal Year; will receive a new KofC Watch.



"EVERY MEMBER A RECRUITER!"

Knights of Faith – Knights of Charity – Knights of Action

# Cast a Catholic Lifeline #4 Wellness Check Phone Calls

My Brothers,

By now we hope that every Brother Knight knows that it is every Knight's obligation to **"Leave No Neighbor Behind."** That means we need to reach out to everyone, especially our Catholic neighbors, to discover how we can support them during these challenging times. Do they need food for themselves or their family or do they need other services? Perhaps they may simply need a friendly person to chat with and listen.

If your Council has not yet reached out to attempt to connect with each and every member by phone or in person, then it is time to start NOW! Ask officers and other active Brothers to call 10-12 members each.

Use the Wellness Check Script that is attached as a guide for calling.

Ask your callers to keep notes with the date of the call and important information.

Be sure that callers **recruit other callers** and report any volunteers to the Team Leader.

Send a list of Brothers who cannot be contacted to Joe Hill at [sirknightjhill@gmail.com](mailto:sirknightjhill@gmail.com) to obtain updated contact information.

Contact your pastor and offer to have council members call all the parishioners.

Even after the immediate COVID-19 crisis winds down, continue to make quarterly calls to every Brother in your Council. These calls will re-connect you with Brothers who may not have the time to come to meetings or join in your Council activities. They will know they are valued Brothers because someone cared enough to call.

When calling Brothers or parishioners, ask if they know of any qualified Catholic men who may need information about the Knights of Columbus. During these troubling and uncertain times joining a Brotherhood rooted in charity, unity and service may be just the "Lifeline" needed to ease fear or anxiety and bring them closer to their church and faith. From now until June 30 those entering the special code "CAKOFC" when joining online at [www.kofc.org/joinus/](http://www.kofc.org/joinus/) will receive ½ off the normal \$30 online membership fee, **OR** those entering "Give2020" will have their entire \$30 first year membership fee donated to **"Leave No Neighbor Behind"** charities.

Be sure to arrange for them to attend one of the "Virtual" Exemplifications of Charity, Unity and Fraternity hosted by the Supreme Council or a council in your local area. Even though they may have initially joined online **they still count as a new member when they participate in an exemplification and join your council.** There is much charity to be done, and now, more than ever before, does the church need every capable Catholic man joined in service.

In all that we do we are **Knights of Faith - Knights of Charity - Knights of Action!**

Yours in Service,

Michael Brault  
Online Membership Chairman  
Knights of Columbus  
California State Council

619-548-3190  
[mbrault54@gmail.com](mailto:mbrault54@gmail.com)



**"EVERY MEMBER A RECRUITER!"**

**Knights of Faith – Knights of Charity – Knights of Action**

## ALTERNATE PLAN for CLUB 365 DONATIONS



California Columbian Charities, Inc.  
P.O. Box 4256  
Cerritos, CA 90703



### Grand Knights and Brothers All

Due to the Coronavirus Covid-19, the State Convention will be held "virtually" via teleconference. There will not be a "**Parade of Grand Knights**", send your checks to the to the Charity Treasurer:

Knights of Columbus  
California Columbian Charities  
P.O. Box 497  
Gustine, CA 95322

All Councils are asked to donate. Councils should consider a donation of \$3.65 for each of their Council members. The 365 Club is the Charity's primary source of funds. **Please be Generous! Please include a return address so that the Award Ribbon will be sent to that designation.**

Columbian Charities is dedicated to assisting California Brothers and their widows in distress. For over sixty-five years we have worked to provide CHARITY and to fulfill Father McGivney's mandate - **BROTHER HELPING BROTHER.**

At last year's "Parade of Grand Knights" you donated over \$109,000 to Columbian Charities! THANK YOU for reaching-out a helping hand to your less fortunate Brothers! You should be proud of your generosity.

These are challenging times and we want to continue to help our Brothers. The need is great and we are not funded by Supreme. **Please increase your contribution this year.**

**Although the Convention is physically cancelled, Councils should not overlook their donation.** Every Brother is also encouraged to make a personal contribution. Checks may be mailed to the Gustine P.O. Box. Donations are welcomed at any time during the year.

\*\*\*

*Columbian Charities is ready to provide financial assistance to your Council's Brothers in their time of need. Any member who has information about a Brother in distress should notify the Grand Knight. Only the Grand Knight can obtain a Charity application by calling the State Office at (909) 434-0460 or best by email at [state.office@californiaknights.org](mailto:state.office@californiaknights.org)*

SUBMITTED from Brother **Stephen Petersen, FN**  
CCC President

"EVERY MEMBER A RECRUITER!"

**Knights of Faith – Knights of Charity – Knights of Action**



# Knights of Columbus California State Council COVID-19 ADVISORY COMMITTEE June 8, 2020



## Deo Gratias!

Brothers All...Deo Gratias! This is Latin for "Thanks be to God!" and we are thankful to see many of our parishes planning for Mass again. Many are starting on June 8<sup>th</sup> for daily Mass while also planning for Sunday services to begin on June 14<sup>th</sup>. Many of you are actively participating in many ways to help your parishes restart Mass. Our focus for the remainder of June is to help our Bishop's, our priests, and our parishioners with this important and spiritual service.

Over the last several months we have asked you to "Leave no Neighbor Behind." Now we are asking you to add "Leave no Parishioner Behind!" As you assist with your parishes, please show who we are and what we are. We are strong spiritual Catholic families and we are passionate Knights of Columbus. As we reopen our parishes, please follow all State, Local and Diocesan safety protocols. Keep yourself safe, your families safe and your fellow parishioners safe.

As of June 5, 2020, the California Department of Public Health reports there are 126,016 positive coronavirus cases in California and the number of deaths now stands at 4,559. Hospitalizations reported, for both confirmed and suspected cases, are 4,526. Ongoing testing is being done throughout the state and there have been over 2,308,300 tests given to date.

To help you be prepared, here is our simple 'Phase 2.5' outline regarding "Reopening our Parishes":

**COVID-19 Advisory Bulletin**  
**Phase 2.5 – Reopening Our Parishes**

- Follow all Federal, State and Local Health guidelines and timelines.
  - This includes all local Diocesan guidelines and restrictions.
  - Places of worship should limit attendance to 25% of building capacity or a maximum of 100 attendees, whichever is lower.
  - Key prevention practices include:
    - physical distancing to the maximum extent possible.
    - use of face coverings by employees and volunteers (where respiratory protection is not required) and congregants/visitors.
    - frequent handwashing and regular cleaning and disinfection.
    - training employees and volunteers on these and other elements of the COVID-19 prevention plan.
- Continue to participate with virtual services offered should you feel uncomfortable attending in-person mass service.
- ALL COUNCIL'S must work closely with their respective Pastor and assist with the development and implementation of the parish reopening plan which should include hygiene and social distancing measures. Ensure you are properly trained before assisting your parish.
- Continue to CONDUCT VIRTUAL MEETINGS and refrain from public activities through 30 June 2020.

As of 6/8/2020

"Love one another as I have loved you"  
Knights of Faith – Knights of Charity – Knights of Action



**Knights of Columbus  
California State Council  
COVID-19 ADVISORY COMMITTEE  
June 8, 2020**



Many have been asking when we will be able to resume ‘face to face’ meetings. We ask that you continue with virtual meetings for conducting business through June 30 and focus on helping your parishes reopen for Mass.

**Knights of Faith**

**Spiritual Communion Service at Home.** With Mass being offered beginning next week, we will no longer be providing the Spiritual Communion Service at Home. We are very thankful to Brothers Jimmy Aitchison and Anthony Debellis who worked diligently every week to provide us this program. This unique service was approved by United States Conference of Catholic Bishops and was utilized throughout the State.

**Knights of Charity**

**Leave No Brother Behind.** The Order’s “Leave No Neighbor Behind” program has taken hold throughout California and we have heard of many stories of those reaching out to those in their councils, parishes, and their respective diocese’s.

**Prayer Lists.** *Reminder, we need to make sure we don’t violate federal, state or local privacy laws by listing individuals by name on any prayer list, without prior consent.* Instead, please request a general prayer be said on a regular basis for those affected adversely by the coronavirus pandemic.

**Knights of Action**

We are reminding you to send us information (especially pictures) of what you and your councils are doing in support of our parishes, parishioners, our Brothers, and our neighbors. We want to recognize all the great work you are doing throughout the state. Be sure and report extraordinary activities to the Supreme Council using the link: <https://www.surveymzmo.com/s3/5521191/Leave-No-Neighbor-Behind>.

We will continue communicating with everyone as the situation changes. We are proud of everyone’s efforts to date and please keep diligent and always look out for yourself and your families. Stay Safe and Healthy!

## Worthy Shepherds & Apostles COVID-19 Wellness Check Script

Contact the Brother in person or by phone. Use this list as a script for calls and contacts. Take notes for every call you make with dates and important details.

1. Get to know him. Find out what is happening in his life. Be a friend.
  - a. Open with, "I'm \_\_\_\_\_, a Brother Knight and I'm helping Council (Name and Number) from \_\_\_\_\_ parish. I'm calling Brothers (or parishioners) and their families to conduct a wellness check.
    - i. How are you and your family coping with the COVID-19 situation?
    - ii. Do you have any prayer requests? (Pray right then if needed.)
  - b. Listen to his responses and comment when appropriate.
2. Thank him for being a member of the Knights of Columbus (or a member of the parish). Remind him that Knights support their Brothers in Christ.
  - a. Ask if there is any way the Council could help him or his family.
  - b. Let him know that during this crisis Brother Knights will be working on Food for Families programs.
    - i. Is his family in need of assistance?
    - ii. Could he or his family help in this effort for others?
3. Let him know that we can offer online spiritual opportunities for Brothers and their families during this time when public gatherings, even Mass, is not allowed.
  - a. Ask if he would like you to send him a list of links to online prayer and sharing opportunities.
4. Ask him if he has been receiving our Council's monthly newsletter (or parish emails).
  - a. Double check his email and forward the latest newsletter or parish email to him if needed.
5. Tell him that the Council (or parish) wants to stay connected so we'd like to review his current contact information. Review (and correct if necessary) the following:
  - a. Current Address
  - b. Best phone # text OK?
  - c. Alternate phone # text OK?
  - d. Email address
  - e. Other ways to reach him
  - f. Emergency Contact person
    - i. Name and relationship
    - ii. Phone #
    - iii. Email
6. Would you like to be part of our team and make calls like this to 10 to 15 Brothers or members of the parish? (Note if he volunteers to be a caller then notify Team Leader)
7. Offer to pray with or pray for him and his family. Ask him to join you in a prayer to close.

**"EVERY MEMBER A RECRUITER!"**

**Knights of Faith – Knights of Charity – Knights of Action**

Fifty a day to finish update— JUNE 2020

My Brothers,

One week and a few days remain in this Columbian Year and we continue to need *"Fifty a Day to Finish!"* to make our statewide membership goal! **Virtual Combined Exemplifications of Charity, Unity and Fraternity will be held by the Supreme Council on Tuesday, June 23, Thursday, June 25 and Monday, June 29 at 4:00 PM and 7:00 PM to bring in any last minute new members.** Virtual Combined Exemplifications in Spanish are scheduled for Wednesday, June 24 at 6:00 PM and Sunday, June 28 at 7:00 PM. Contact your council Financial Secretary for further information.

**From now through June 30 there are two online membership specials** -- one allowing men to join at the discounted rate of \$15 by entering "CAKOFC" in the online application found at [kofc.org/joinus](http://kofc.org/joinus), **OR**, a second designating their entire \$30 first year membership payment go to *Leave No Neighbor Behind* charities by entering "GIVE2020" when submitting the online membership application. The latter contribution is matched by the Supreme Council doubling the money going to those in need. **Remember, an online member counts as a new member when they attend a Combined Exemplification of Charity, Unity and Fraternity and join your council.**

With the reduced quotas for membership and insurance announced by Supreme earlier this year many councils are within striking distance of Star Council, or even Double Star or Triple Star. **The deadline for submitting Form 100s for new members or entering new member data using Member Management and Officer's Online is 9:00 AM Pacific Time on Tuesday, June 30, for them to count during this Columbian Year.** Form 100s not entered via Member Management should be scanned or photographed with your cell phone and emailed to [membership@kofc.org](mailto:membership@kofc.org).

**Of particular importance during the month of June is to complete the Form SP-7 or Columbian Award Application** if you have not done so already! Again, with the reduced award requirements enacted by Supreme **it is only necessary to fill in two projects or activities in each category, and reporting of the required programs has been eliminated altogether for this Columbian Year.**

**Be Bold! Be a CAN DO council!** Become a *Star Council* and change lives by Inviting Catholic men to join today! Where there is a need there is a Knight!

May God bless,

Dave Abbott  
State Deputy

Stephen Bolton  
State Deputy Elect

Knights of Columbus  
California State Council



**"EVERY MEMBER A RECRUITER!"**

**Knights of Faith – Knights of Charity – Knights of Action**

## My Worthy District Deputies for Columbian year 2020-2021

### Worthy District Deputy

Hoping this email finds you and your family healthy and safe. As all of you know these are very challenging times for all of us. The Lord puts crosses in our life for us to carry for Him each day. The Covid19 Pandemic and the tragic death of George Floyd are reminders of where we are today and how much our Church, our Order, and our Communities need us more going forward than they have ever needed us before. In our last two years you have heard State Deputies tell you to "Trust in God because nothing is impossible with Him by your side". Then you heard to be "Knights of Faith, Knights of Charity and Knights of Action". This year I ask you to take both of these great mottos and "BE BOLD" with them. Never forget to be Proud of WHO you are and WHAT you are. WHO you are is a proud Catholic American Citizen and WHAT you are is Members of the Knights of Columbus Family.

Below is a breakdown of your online training for this month. You will have one "Go To Meeting" training with our Supreme Territorial Growth Director Bob Kish and Regional Training Director Ken White and another webinar training with our State Leadership. Please see the dates and times of your training below.

All of you will get invites for these two training sessions. Please reply to these invites so we know you are coming. Both of these trainings are mandatory training sections for you.

I look forward to serving with all of you this next Columbian Year when we all work together to make all our councils in California the "BEST THEY CAN BE".

### **Chapter specific training by Supreme**

- [1] June 15th Northern, St. Francis,
- [2] June 16th San Jose, Oakland, Central
- [3] June 17th San Joaquin, Junipero Serra, Los Padres
  
- [4] June 22th Southern Cal., Mission High
- [5] June 23rd Orange County, San Gabriel,
- [6] June 24th Arrowhead Desert, San Diego
  
- [7] June 25th Redwood, Kern Inyo and all makeups for anyone that missed their specified date above.

### **All of these trainings will be from 7:00 to 9:30 PM pacific time**

June 27th Webinar - DD training by State Membership team, State Programs team and State Operations Team 9:30 am thru 12:30 pm.

June 27th Webinar- Chapter Presidents & District Deputy Installation Mass 4:00 pm thru 5:30 pm Mass and virtual install for our Sixteen Chapter Presidents and all District Deputies.

Closing comments by our State Deputy and Myself.

Stephen Bolton

State Deputy Elect 2020-2021

**"EVERY MEMBER A RECRUITER!"**

**Knights of Faith – Knights of Charity – Knights of Action**

## WELLNESS PROGRAM

Here are some health benefits from eating bananas, one of my favorite fruits to eat. We typically share one in the morning and then slice one up later to put on our organic cereal with coconut flakes, almond slices, blueberries, cinnamon, and almond or coconut milk.

This article is from **Ocean Robbins**, CEO of the Food Revolution Network. I have been following Ocean Robbins and the Food Revolution Network for several years now. Enjoy!

Edward P. Huestis, PSD  
Wellness Program Chairman



### Are Bananas Good for You?

[foodrevolution.org/blog/are-bananas-good-for-you/](http://foodrevolution.org/blog/are-bananas-good-for-you/)

February 7, 2020

Bananas are not just for monkeys. In fact, among humans, they are one of the most popular fruits in the world — and for a good reason. They are delicious, inexpensive, and they even come in their own convenient packaging.

But is this delicious fruit good for you? Are they sustainable? And are there any downsides to this beloved fruit, other than the danger of slipping and falling on a peel? And what are some of the best ways to enjoy bananas?

### History of Bananas

Bananas are the fruit of the *Musa acuminata* plant. The word “acuminata” means tapering or long pointed and refers to the flowers, not the fruit itself. Before the banana was called the banana, around the 17th century, it was named “banema” in Guinea.

Bananas originally came from the Indo-Malaysian region, stretching down to northern Australia. Historians guess that people started spreading the wonder of edible bananas in the Mediterranean region in the 3rd century, B.C. It was not until the 10th century, A.D., that bananas are presumed to have first arrived in Europe and began their spread around the globe.

Today, bananas and plantains — a variety of banana that contains less sugar and a large amount of starch, and which are edible only after cooking — are grown in every tropical region. They are the largest fruit crop in the world.

And even though most of us are only familiar with “regular”

yellow bananas we find at the grocery store, there are actually hundreds of varieties of this fruit. There are apple bananas, red bananas, orange bananas, silk bananas, and many more. But most of us do not get the benefit of all this diversity. Nearly all the bananas you are likely to find at your local store are actually clones of one single cultivar, known as the Cavendish banana.

The yellow bananas most of us have known and loved are actually a mutant strain of plantains. They were accidentally discovered by a Jamaican chef named **Jean Francois Poujot** in 1836, who began cultivating the sweet yellow bananas after discovering one of his plantain varieties had mutated.

### Banana Nutrition

Bananas are full of nutrients. They are especially high in vitamins and minerals such as potassium, vitamin C, vitamin B6, and magnesium.

They are also a good source of fiber, a nutrient that most people lack in their diet.

An average medium-sized banana has the following nutritional profile:

- Calories: 105
- Protein: 1 gram
- Total Fat: 0 grams
- Total Carbohydrates: 27 grams
- Fiber: 3 grams
- Vitamin C: 13% of the Daily Value (DV)
- Vitamin B6: 22% of the DV
- Potassium: 12% of the DV
- Manganese: 16% of the DV
- Magnesium: 8% of the DV

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>>> *Bananas — continued from previous page*

An average banana also contains around 14 grams of sugar. However, it is important to note that these are natural sugars, not added sugars like those found in baked goods and packaged snack foods. Because fruit sugars are bound up in fibrous cell walls and contain water, so they do not have the same blood glucose level impact that processed sugars do. And in addition to those 14 grams of natural sugars, that average banana's three grams of fiber helps prevent spikes in your blood sugar when you eat it.

## 6 Health Benefits of Bananas

Bananas have been the subject of many studies evaluating their potential health benefits — particularly studies looking at the minerals of which they are a rich source. Some of the most well-researched potential benefits of bananas include:

### 1) *May be protective for heart health.*

A large body of research tells us that low levels of potassium in your body have a strong correlation to the risk of higher blood pressure. But the good news is that getting enough potassium — by eating potassium-rich foods — can help maintain your blood pressure at healthy levels. Potassium may also protect blood vessels from thickening and becoming damaged from atherosclerosis. And bananas are one of the most potassium-rich foods in the human diet.

They are also a good source of magnesium, a mineral known to play a role in heart health. Research indicates that magnesium deficiency correlates with high blood pressure and high levels of blood fats, for example.

You will also find antioxidants like catechins and dopamine in bananas, which have been studied for their potential to lower heart disease risk.

### 2) *May support mood balance and restful sleep.*

Research suggests that a diet rich in potassium-containing foods (like bananas) may help you sleep better. A 2018 study published in *Hypertension Research* found that individuals who had less potassium in their blood experienced sleep patterns that were more disturbed and less restful.

Bananas also contain tryptophan, an amino acid and natural sedative that converts to serotonin, a sleep-promoting neurotransmitter. Similarly, a 2013 study found that tropical fruits, including bananas, increased melatonin levels — a sleep-promoting hormone.

This fruit is also abundant in magnesium and vitamin B6, which can both aid in calming your mind and promoting

restful sleep. Between the potassium, magnesium, tryptophan, melatonin, and B6 in bananas, there's good reason to believe they can help you enjoy a good night's sleep.

### 3) *May promote healthy digestion.*

A 2011 study conducted among 34 overweight but otherwise healthy women, found that incorporating bananas daily could improve gastrointestinal health. The women were divided into three groups in which they received either one banana, one banana-flavored drink, or one cup of water in the control group. The participants assigned to the banana group experienced significantly less bloating and slightly increased levels of bifidobacteria — “good” bacteria in your gut that are often used in probiotics — in their stool.

Furthermore, bananas contain two main types of fiber: pectin and resistant starch. While starch is most concentrated in green and unripe bananas, pectin increases as bananas ripen. Some research indicates that pectin may be protective when it comes to colon cancer, and that resistant starch helps to feed the “good” bacteria in your gut.

### 4) *May help support healthy weight loss and maintenance.*

While there are not a lot of studies on the relationship between banana consumption and weight loss, they do offer characteristics that are known to support a healthy weight.

Bananas are low in calories, coming in at around 100 calories on average. They are high in fiber, a nutrient that helps you feel fuller longer between meals and may help prevent overeating. The resistant starch in bananas may especially help keep your appetite at bay.

And, as you will have discovered if you have ever blended or mashed a banana and seen its volume decrease significantly, bananas actually contain a lot of air, which may also stimulate that “full” feeling.

### 5) *May support healthy bones.*

Evidence shows that potassium-rich diets can have protective effects on bone health. Although the actual reason for this is still up for debate, many researchers think it is because potassium prevents calcium resorption.

### 6) *May have anticancer properties.*

Bananas are a rich source of lectins, carbohydrate-binding proteins that have been studied for their potential ability to kill cancer cells. (There are a few authors today who warn against lectins, but such warnings are mostly misguided.)

One study published in the journal *Molecules* in 2014

*Continued on next page >>>*

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>>> *Bananas — continued from previous page*

specifically examined lectins in bananas. The authors reported that lectins have the potential for suppressing cancer cell proliferation.

## Potential Downsides to Eating Bananas

While bananas have a lot of potential benefits to offer, there are also a few downsides to be aware of.

### Health:

When it comes to your health, there are a couple of things to be aware of when it comes to answering the question: “are bananas good for you?”

A few people report experiencing headaches after eating a lot of bananas. Keep in mind that these were self-reported and not from clinical studies. However, it may be related to a compound called tyramine, derived from the amino acid tyrosine. Anecdotally, the link between eating bananas and experiencing headaches seems to be more common among people who are prone to headaches and migraines in general.

Extreme overconsumption of this fruit could increase your risk for hyperkalemia — or excessive blood potassium levels. One case study observed an individual with hyperkalemia as a result of eating 20 bananas per day. But unless you regularly sit down to 20 bananas at a sitting, this likely is not a major concern for you.

Also, because of their high sugar content, bananas can contribute to tooth decay. So, make sure you practice good dental hygiene after eating one.

**The bottom line:** As with all things, listen to your own body. One or two bananas daily is fine for your potassium levels. And if bananas give you headaches, you might want to cut down or eliminate them from your diet.

### Environmental Impact:

Large-scale commercial banana production impacts the environment in some concerning ways, including:

Like much of modern agriculture, a majority of the world’s banana harvest comes from large-scale monoculture farming operations. Growing a single crop over a long period depletes the soil. And monocropped soil tends to suffer more agricultural contamination, as the same fertilizers and chemicals are added to it, year after year, leading to accumulation of heavy metals, nitrates, and salts, which may even lower the soil’s ability to help plants fight off pests or withstand blight.

Bananas are often sprayed with large amounts of pesticides.

In fact, some banana farms receive nearly 60 pesticide applications every year. This is not only a concern for consumers but also the surrounding environment and ecosystems that are negatively impacted.

Between 1968 and 2017, world banana production grew from 28.8 million to 113 million tons. As consumers buy more bananas, there is a danger that rainforests and other sensitive ecosystems may be destroyed in order to create more land on which to grow them. India and China both doubled their land use for banana harvesting between 2000 and 2015.

**The bottom line:** Get organic bananas whenever possible because organic banana farming avoids the use of synthetic pesticides and tends to be more sustainable.

### Social Impact:

There are also some social and economic considerations to make when consuming bananas:

Workers in the banana industry are chronically underpaid, raising an important ethical issue for consumers.

Child labor — defined by working conditions that are likely to negatively affect a child’s physical and mental health, social conditions, and education — is widespread in the banana industry. Children who work in the banana industry, often as young as eight years old, are frequently exposed to pesticides, paid minimally, and robbed of the opportunity to gain the education they need to pull their families out of intergenerational poverty.

Many workers in the banana industry in developing countries, 43% of whom are females, report workplace harassment. Female workers in this industry also experience lower pay and less job stability than men doing the same jobs.

**The bottom line:** Get fair-trade bananas whenever you can. Bananas carrying this mark are produced in ways and locations that meet social, environmental, and economic standards that support workers’ rights and contribute to a healthy, ethical, and sustainable world.

### How to Store Bananas Properly

Even though bananas come with their own convenient packaging, there are still certain conditions in which they are best stored.

Here are some things to keep in mind when you bring your bananas home:

If you have more than you can eat before they get overripe, cut and freeze them in an airtight bag (such as silicone ones) for later use in smoothies or desserts like homemade ice cream.

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> > > *Bananas — continued from previous page*

For extra ease of use later, you can peel, cut, and freeze the banana chunks on a tray covered with parchment paper, and then toss them into a freezer bag once they are frozen. That way, you do not end up with a massive lump of frozen banana that requires a crowbar to separate.

When you buy a bunch of bananas, the whole bunch tends to ripen at exactly the same time. Store multiple bunches in different rooms, ideally with different temperatures, as warmer temperatures make them ripen faster. If you only buy one bunch at a time, you can separate them into single bananas. Just do not cover them with mail or forget where you stored them.

Bananas release ethylene gas, which makes other fruits ripen more quickly. Keep them away from other fruit unless you are in a hurry to ripen them. To slow bananas from ripening, you can place them in a preserving box or bag. These types of containers keep oxygen out, while providing the right amount of insulation, and control the release of ethylene gas to keep bananas yellow for as long as possible.

To speed the ripening of bananas, place them in a paper bag.

Unless you are freezing them, you might not want to put bananas in the fridge or expose them to cold, because cold breaks down the cell walls of a banana's peel and turns them black.

If you have already peeled your bananas and need to store them in the fridge, dip them in lemon juice to help preserve them longer and keep them from browning.

Use a banana hanger to display a whole bunch of bananas and to support healthy air circulation.

### Creative Ways to Enjoy Bananas

Did you know that you can actually eat bananas in their entirety — including the peel?

As it turns out, the banana peel is rich in nutrients like potassium, fiber, essential amino acids, polyunsaturated fats, and antioxidants. But keep in mind that many commercial bananas are contaminated with large amounts of pesticides, so if you plan to eat banana peel, this is a very good reason to make sure it's organic.

Here are some fun and different ways to eat bananas that can be enjoyable for the whole family:

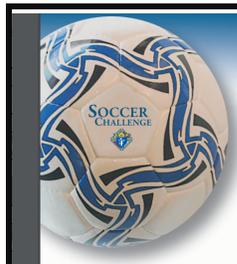
- In baked goods, like muffins, bread, and even cakes
- Mixed into curries (e.g., Indian, Tanzanian, Caribbean) that have a sweeter taste

- In frozen desserts, like “n’ice cream” or whole with the ends dipped in dark chocolate
- Sliced on oatmeal alongside other healthy toppers, like berries, nuts, raisins, seeds, or unsweetened coconut flakes
- Sliced and stacked on a delicious nut butter and banana sandwich
- Made into “banana boats” by slicing them lengthwise in half, slathering with nut butter, and sprinkling with chia, hemp, or flax seeds. Kids (and adults who used to be kids) love this delicious and tasty snack.
- In smoothies, either as frozen chunks or whole room temperature bananas

If you choose to eat the banana peel, be sure to wash it first and remove the stem. You can throw it into smoothies or eat it raw if you like. Some people enjoy boiled banana peels.

### So, are Bananas Good for You?

Bananas are, without a doubt, one of the most well-known and widely consumed fruits around the world. Not only are they nutritious but eating them appears to be good for your heart, your digestive system, your waistline, and even your sleep patterns. But commercial banana plantations are not known for treating workers well and are often high in pesticide contamination and bad for the environment. So, if you are going to enjoy bananas, fair trade and organically grown are especially important. And bananas can be used in some creative and fun ways, in everything from smoothies to desserts to savory entrees — peel and all!



Faith In Action

Community Program

SOCCER CHALLENGE

The 2020-2021 State/Regional Soccer Challenge Competition is scheduled for Sunday, November 8, 2020 for all three State Regionals. **The details of the 2020-2021 State/Regional Soccer Challenge "locations", "times" and "schedules" to follow at a later date from each of your State Regional Coordinators.**

More Soccer Challenge continued on next page > > >

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## Faith In Action — Community Program: SOCCER CHALLENGE

### Worthy Brothers and Sir Knights in Christ,

The California State Soccer Challenge Program and Competitions for the Columbian Year 2020-2021 will be conducted in the three State Regional format, Northern, Central and Southern. The reason for this request is the logistics for the participants and their parents traveling to and from locations close to home. Also to expand our Knight of Columbus Soccer Challenge Program to the local "grass roots" participants within the three State Regional locations.

### A Higher Purpose

Provide an athletic outlet for youth ages 9 to 14, boys and girls, in your community. Designed for players to demonstrate their skills in the penalty kick. Councils can sponsor a competition by ordering a Soccer Challenge Kit, or volunteer to host and/or support the District, Chapter, and/or State/Regional Championships. Please contact your Financial Secretary and/or Grand Knight to order your Soccer Challenge Kit, a.s.a.p.

### Overview

The Soccer Challenge is a fun way for Knights of Columbus councils to engage youth in their communities with an athletic event that encourages the values of sportsmanship and healthy competition. Children demonstrate the most important skill in soccer – shooting accuracy on the penalty kick – and compete to reach the international level of competition. The program also offers an opportunity to introduce the Knights of Columbus to the community and recruit faithful family men of service.

Age eligibility is determined by the age of the contestant as of September 1, (current year). Proof of age is required, copy of your birth certificate for all contestants. All contestants must register using the official Knights of Columbus Soccer Challenge Entry Form/Score Sheet (#4578).

### Age Competition Specifications:

**Ages 9, 10, 11, boys and girls, use a size #4 Soccer Ball and shoot from the 10 yard line to the goal!**

**Ages 12, 13, 14, boys and girls, use a size #5 Soccer Ball and shoot from the 12 yard line to the goal!**

Please start preparing for your "Council" Soccer Challenge program, followed by your "District", "Chapter" and we'll see you at one of the **2020-2021 California State/Regional Soccer Challenge Competitions on Sunday, November 8, 2020 at all three State Regionals!**

### Order Soccer Challenge Kit

Order the Knights of Columbus Soccer Challenge kit (#SC-Kit) through supplies online, which can be accessed in the Council Officers portal at least six to eight weeks prior to your established date, time and location of your Council Soccer Challenge competition. Please make sure that you also order a copy of the Knights of Columbus Soccer Challenge Playbook Form #4576, which contains your Rules and Regulations for a great start.

**If at all possible, please try to use a local Parish or Catholic School soccer field. It's very important that you also Promote, Promote, Promote these Soccer Challenge competitions locally from your Knights of Columbus Families, both Third and Fourth Degree, Parishoners, Religious Education Classes, City Schools, Soccer Clubs, Youth Organizations and surrounding cities. You'll also be able to use this Knights event for recruiting new brother Knights.**

### Timeline

The recommended time frame for the Knights of Columbus soccer Challenge is:

**Council Championship —  
Early September - Contact your Grand Knight or  
Council Soccer coordinator**

**District Championship — Early October - Contact  
your District Deputy**

**Chapter Championship — Late October - Contact  
your Chapter Soccer coordinator**

**State Championship — Early November which is  
scheduled for Sunday, November 8, 2020**

**The following are the geographic regions for the participating 16 State Chapters and their local "2020-2021 State Regional Coordinators: Please contact your local State Regional Soccer Challenge Coordinator for any questions you may have concerning the Soccer Challenge Program and Competitions at the State level.**

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> > > Soccer Challenge — continued from previous page

### Northern California Soccer Challenge Coordinator

Percy G Park (Jody) (06197-01309)  
1005 Blue Ravine Rd. #225  
Folsom, Ca. 95630-4835  
(916)936-6145  
[dbk576@aol.com](mailto:dbk576@aol.com)

### Northern Chapters:

1. Northern California (1-16)
2. Redwood (17-22)
3. Saint Francis (23-29)
4. San Jose (30-34)
5. Oakland (35-46)
6. San Joaquin (47-52)

### Central California Soccer Challenge Coordinator:

Julio Jimenez (Laura) (03601 - 0065)  
7659 Hesperia Avenue  
Reseda, Ca. 91335-2140  
(818)919-9545  
[jimenezjulio12@yahoo.com](mailto:jimenezjulio12@yahoo.com)

### Central Chapters:

7. Junipero Serra (53-59)
8. Central California (60-70)
9. Kern-Inyo (71-74)
10. Los Padres (75-79)

### Southern California Soccer Challenge Coordinator:

Luigi Zoni (14550 - 02449)  
7873 Highwood Avenue  
La Mesa, Ca. 91941-3313  
(619)980-3313  
[luigizoni@aol.com](mailto:luigizoni@aol.com)

### Southern Chapters:

11. Mission High Desert (80-82)
12. Southern California (83-100)
13. San Gabriel Valley (101-109)
14. Orange County (110-121)
15. Arrowhead Desert Valley (122-134)
16. San Diego Diocese (135-151)

### State Chairman Soccer Challenge Program 2020-2021

Percy G Park (Jody) (06197-01309)  
1005 Blue Ravine Rd. #225  
Folsom, Ca. 95630-4835  
(916)936-6145  
[dbk576@aol.com](mailto:dbk576@aol.com)

**The three State Soccer Challenge Regional contests will be conducted simultaneously on the same date at separate regional locations. The State Regional Coordinators will determine their regional champions and immediately compare scores with the other two regional coordinators.**

**If there is a tie between the three State Regional champions, then a state level "shoot-out" will immediately be conducted at the State Regional sites on the same date. The highest scores among the three State Regional champions by age group 9 thru 14, boys and girls will determine the 2020-2021 California State Soccer Challenge champions.**

**The 2020-2021 State Regional championship "medallions" (1st, 2nd and 3rd) will be presented to the winners immediately upon completion of the three 2020-2021 State Regional contest, in the Northern, Central and Southern competitions.**

**The 2020-2021 California State championship trophies will be coordinated by the State Chairman and the three State Regional Coordinators. Then, will be provided to the respective 2020-2021 State Regional Coordinators for presentation at an appropriate Knights event within their region.**

*And the king will say to them in reply, 'Amen, I say to you, whatever you do for one of these least brothers and sisters of mine, you do it for me.' Matthew 24:40*

Vivat Jesus!

**SK Percy G. Park, PGK, PFN  
Nor-Cal Chapter Soccer Challenge 2020-2021  
Nor-Cal Chapter Free Throw Championship 2020-2021  
Nor-Cal Chapter Special Olympics 2020-2021  
State Chairman Soccer Challenge Program 2020-2021**

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## KOC & CatholicMom Father's Day Novena - A TRIBUTE TO OUR FATHERS

### Greetings Brother Knights,

As a California State KOC Leader, I ask that you share this email with all your members and parishioners to promote our 2020 Culture of Life Prayer and Family program.

**This Father's Day, CatholicMom.com is teaming up with the Knights of Columbus and others to pray for all fathers.** Friday, June 12 was the start date for an online novena, praying to St. Joseph for all fathers. Each day for 9 days, CatholicMom will feature a brief video from a different CatholicMom contributor or Knight of Columbus, sharing about a saint they have a special devotion to and then leading us in prayer, using a traditional prayer to St. Joseph. The videos will post daily at CatholicMom.com as well as on our Facebook page (Facebook.com/catholicmomcommunity). We invite all dads, wives and families to participate in this powerful novena. Father Patrick Peyton, founder of Holy Cross Family Ministries (see the [film in October 2020 on his life](#)) famously said, "The family that prays together, stays together." God bless all fathers!

One of the Novena Days is dedicated to our Venerable Michael Joseph McGivney who was a special spiritual and material FATHER to many widows and orphans. Below is the script of the video tribute to Venerable Michael McGivney. Be sure to join the Father's Day Novena at:

<http://catholicmom.com/2020/06/12/join-us-in-praying-for-all-fathers/>

### CATHOLIC MOM FATHER'S DAY NOVENA SCRIPT

Greetings and Happy Fathers Day to all Fathers in America from the Knights of Columbus, the largest Catholic Men's organization in the world with around 2 million members.

I am Richard Marciniak and I am honored to join the Catholic Moms in this 2020 Father's Day Novena. I represent the Knights of Columbus as their California State Director of Life.

My wife Barbara and I have been married for 50 years and have 3 daughters. Each daughter has 3 children for a total of 9 grandchildren. All of their families have remained faithful to the Church and the grandchildren attend Catholic Schools. Needless to say, Fathers Day and Mothers Day are important holidays in our Family. Each of our daughters' middle name is Marie and we feel our family has been specially blessed by Our Lady,

Our entire Father's Day novena is dedicated to St Joseph with each day having a special dedication. Today's novena is dedicated to the Venerable Michael Joseph McGivney born in 1852 and the founder of the Knights of Columbus. Like St. Joseph, Fr. McGivney was the spiritual and material father to many. His Connecticut parishes had many impoverished immigrant Irish families with many widows and orphans. You see, in the 1880's, if you were Irish in Connecticut, the job signs would read "Irish Catholic need not apply". Accordingly, if you did get a job, it was the lowest paying jobs and the most dangerous of jobs with many industrial accidents and deaths. This resulted in many widows and orphans in Fr. McGivney's parishes. In response, Fr. McGivney organized the Knights to assist the widows and orphans. The Knights mission spread like wild fire in a very poor immigrant Catholic Church.

Today, Venerable McGivney's 2 million Catholic Fathers of faith and charitable action carry on his mission as he advances to sainthood. In one recent year, the Knights 14,000 councils in 13 countries presented their communities with more than \$180

million in donations and \$1.9 billion service hours.

So it is that we pray to St Joseph and the Venerable Michael McGivney to Bless all our Fathers on this Father's Day and to assist them in taking care of their families.

Now, join together in this traditional prayer to St Joseph:

*Oh St. Joseph, whose protection is so great, so strong, so prompt before the throne of God, we place in you all of our interests and desires.*

*Oh St. Joseph, do assist us by your powerful intercession and obtain for us from your divine son all spiritual blessings through Jesus Christ, our Lord; so that having engaged here below your heavenly power, we may offer our thanksgiving and homage to the most loving of Fathers.*

*Oh St. Joseph, we never weary contemplating you and Jesus asleep in your arms. We dare not approach while he reposes near your heart. Press Him in our name and kiss his fine head for us, and ask him to return the kiss when we draw our dying breath.*

*St. Joseph, patron saint of all fathers, pray for us!*

*Venerable Michael McGivney, pray for us! Amen.*

**We want to thank you for joining us in this Father's Day Novena sponsored by the Catholic Moms!**

### Blessings to you & your Family,

Richard Marciniak, KHS, PGK, PCP, DD  
Knights of Columbus  
State Director, Culture of Life (818) 635-9146  
[Marciniakrb@gmail.com](mailto:Marciniakrb@gmail.com)

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## Explore New Ways to Recruit New Knights

Mark McMullen, Sr. VP Membership and Marketing

### Worthy State, District, and Council Leaders

As I am sure you're aware, the Supreme Council hosts several times each week the Exemplification of Charity, Unity and Fraternity. While these exemplifications have been successful, bringing more than 3,500 men into the Order, they are not the only option available for men who want to join your council. Many jurisdictions are sponsoring state, regional or district exemplifications, and I encourage you to do likewise in your area. With a little effort, you can offer a very personalized initiation experience for the new members in your area. It only takes a few weeks to get your team up and running!

First, form your team. There are Knights in your area who enjoy ceremonial work, and miss being able to do so in person. They would likely be very enthusiastic about the opportunity to exemplify the principles of our Order virtually on a local level.

Next, select your virtual platform. There are many options available. GoTo Meeting, Zoom, Skype and Facebook live are just a few of the options available. Task a group of tech savvy members with selecting the virtual platform that best meets your needs.

Third, team members should read the script and familiarize themselves with the parts. They should also watch the new ceremonial DVD to see how the exemplification should ideally be delivered. Select a location where your team can practice and deliver the exemplification. It can be a parish hall, council meeting place or other suitable facility. If it's good for conducting live degrees, it will likely be good for conducting virtual degrees.

Finally, schedule the virtual exemplifications and recruit prospects to register. These online ceremonies are also open to 1st and/or 2nd Degree Knights looking to advance to full Knighthood. Listed below are several prospecting techniques that councils have implemented effectively during these days.

Personalize the experience for the new Knights. Many teams read the names of each new member at the conclusion of the virtual degree. This is a great way to make the man feel more a part of the organization he just joined.

Also, it is very important to make sure the new members are processed into the council. Financial Secretaries should treat these virtual exemplifications exactly as they would an in-person exemplification. Everything a FS did following a live degree...he should do following a virtual degree.

When addressing the state deputies at their virtual meeting last week, the Deputy Supreme Knight pointed out that the timing of the development of the combined ceremonial was providential for the Order. Several jurisdictions have formed their own teams already and have been conducting these district exemplifications very successfully. I encourage you to do the same – or to spread the word to your district and council leaders to encourage men to join our weekly or Supreme-led exemplifications.

Fraternally,

Mark McMullen  
Sr. Vice President  
Membership & Marketing

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## MEMBERSHIP RECRUITMENT STRATEGIES

- Call all members and parishioners, especially those you haven't seen or heard from in a while. Ask how they're doing. Ask if there is anything the council can do to help them through these difficult days. And ask them if they know anyone who might want to help the council advance it's mission of service to the parish and community.
  - Publicize the good works of the council and the Order. The more men know about who we are and what we do, the more receptive they'll be to an invitation to join.
  - Make sure your parish web site and/or eBulletin has information about the Order's Into the Breach and other faith formation materials. Especially in areas where Masses are still cancelled or severely curtailed, these materials will fill a very real spiritual void.
  - Have a conversation with your pastor. What does he need? Servers for virtual Masses? People to clean and disinfect the Church, getting it ready for Masses to resume? Be the organization he can count on...and remind him that with more members, you'd be able to provide even greater service.
  - Conduct food drives. One of the first things the Supreme Council did at the onset of the pandemic was provide direct support to food banks. But the Supreme Council can't make an impact in every community. Your councils can! And you can be visible while you do it.
  - Host a blood drive. The need for blood is great, but the pandemic has caused the cancellation of many drives. Host a drive in your Church Hall or council meeting place, and publicize it throughout your parish and community. Make sure those members who volunteer at the drive or who donate are wearing their KofC gear.
  - Most importantly, focus on what you can do, not on what you cannot. We all know that we're limited in what we can do. But that doesn't mean that we're powerless. If you believe – as I know you do – that new members are needed now more than ever – I know you'll figure out how to find those new members.
- 

## ONLINE EXEMPLIFICATION PROCEDURES

- Councils should forward this downloadable PDF invitation to all eligible prospects for admission and advancement (click here for [English](#), [Spanish](#), [French](#)).
- Instruct the candidates to register for the exemplification of their choice by clicking on its associated link within the PDF invitation and filling out the online form. **Note that they will need your council number to complete the registration.**
- Contact the candidates to guide them through the registration if needed.
- Candidates then participate in the scheduled ceremony.
- After the ceremony, councils must process the candidates by submitting form 100s the traditional way or electronically in Officers Online.

Note that candidates for admission must be approved by your council. See the temporary rules for electronic voting (click here for [English](#), [Spanish](#), [French](#)).

LINKS Referenced above for “invitations to prospects” = [ENGLISH](#)    [SPANISH](#)    [FRENCH](#)

LINKS Referenced above for “rules for electronic voting” = [ENGLISH](#)    [SPANISH](#)    [FRENCH](#)

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**Knights of Faith – Knights of Charity – Knights of Action**

## Supreme Council Online Exemplification Now Available On Demand

From: **Robert J. Ennis**, Director of Membership Growth

Worthy Grand Knight

I am happy to inform you that the Exemplification of Charity, Unity and Fraternity is now available on-demand. This means that interested prospects can now join the Knights of Columbus any time of the day or night, 24/7, at their convenience. Please continue to use the invitation below to invite prospects to register. Once the prospect reaches the registration page, he should use the "On Demand" link and the 30-minute ceremony will start upon completion of his registration.

You have one week remaining to make your mark this fraternal year. I know that you want to take advantage of every opportunity...and offering prospects the ability to take their degree on-demand is certainly a great opportunity!

In addition to on-demand, the Supreme Council will continue to offer regularly scheduled virtual exemplifications. At the bottom of this email you'll find the dates and times of upcoming exemplifications. While these exemplifications have been successful, bringing nearly four thousand men into the Order, my hope is that adding the on-demand capability will encourage even more men to join and will help the Order to finish the fraternal year strong.

I know that many of you believe that you've done everything you can to increase your council's membership during these challenging days. It is beyond dispute that you're working extremely hard, and I thank you for everything that you've done. If you think, though, that you've tried everything, I encourage you to take a look at the list below of recruitment strategies that have worked for other councils. If there is anything on the list that you haven't tried...there is still time to do so this fraternal year.

Given everything that the Order is doing to help those most impacted by the coronavirus pandemic and the likelihood that the needs in our parishes and communities will increase rather than decrease in the days ahead, we can't afford to wait. Catholic men need the Knights of Columbus...and we need them. Today!

Fraternally,

Robert J. Ennis  
Director of Membership Growth

[LINK TO REGISTER HERE](#)

(English)

**"EVERY MEMBER A RECRUITER!"**

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<https://www.kofc.org/en/who-we-are/our-faith/monthly-challenge.html?1tab=1tab0>



## SUPREME CHAPLAIN'S MONTHLY CHALLENGE



Each month, Archbishop William Lori – Supreme Chaplain of the Knights of Columbus – selects a brief passage from the Gospel reading of one of the Sunday Masses of the month.

Archbishop Lori shares a brief reflection on the passage and issues a challenge for men to live for the month.

The next month, men undertaking the challenge as a group gather and share their experiences living the challenge.

The Supreme Chaplain's Monthly Challenge is ideally done during monthly Knights of Columbus meetings, but can be done in a separate group or individually.

By taking up the Supreme Chaplain's Monthly Challenge, men take direct, concrete action to grow in their faith and help their brothers do so as well.

### THIS MONTH'S CHALLENGE

#### JUNE 2020

**"Everyone who acknowledges me before others I will acknowledge before my heavenly Father. But whoever denies me before others, I will deny before my heavenly Father."** (Gospel for June 21, Mt 10:32-33)

The logic is pretty clear-cut, isn't it? In this memorable promise, Jesus assures us of his intercession before the heavenly Father if we acknowledge him before others. Historians tell us that the 20th century saw more martyrs than any before. These brothers and sisters courageously acknowledged Christ before others at the cost of their lives. In our comparative freedom, do we nonetheless deny Christ or hide our faith in little ways? Mindful of Christ's promise and inspired by the faith of recent martyrs, may we acknowledge our Savior before others with serenity, courage and love.

Challenge by Supreme Chaplain Archbishop William E. Lori:

This month, I challenge you to offer to keep another person's need in your prayers. Second, I challenge you to sustain the priesthood and its witness to the faith by supporting the Faith in Action Refund Support Vocations Program (RSVP) or by helping seminarians in some other way.

Questions for Reflection:

What does a full "audit" of your public profession of faith reveal? How does offering to pray for others acknowledge Christ before others?

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## CHANGES TO 2020 - 2021 Council Award Requirements

Brothers,

The following modifications to Council Award qualifying criteria have been announced (previously announced adjustments carryover):

### 1) INSURANCE-

Insurance Membership quotas will not be issued for councils. INSTEAD — councils will work with field agents to host 2 Fraternal Benefits nights during the Columbian year. Star Tracker reports will be updated accordingly.

### 2) PER CAPITA-

Supreme Knight **Carl Anderson** has announced Per Capita assessments from Supreme will remain suspended for the entire 2020 - 2021 Columbian Year.

### 3) PROGRAM AWARDS-

There will no longer be any “required” programs from *Faith in Action* categories, however there are still “featured” programs. FEATURED programs will earn 2X credit toward the goal of earning credits for Columbian Award consideration.

### 4) SAFE ENVIRONMENT-

**PLEASE NOTE THERE HAVE BEEN NO MODIFICATIONS TO SAFE ENVIRONMENT COMPLIANCE**  
**Grand Knight / Program Director / Family Director and Community Director must complete training.**

## Contact Us

**Knights of Columbus  
 California State Council  
 P.O. Box 2649  
 West Covina, CA 91792**

(909) 434-0460

Email: [State.Office@californiaknights.org](mailto:State.Office@californiaknights.org)

Visit us on the web at  
[www.californiaknights.org](http://www.californiaknights.org)



**Instituted MAY 12, 1903**

Over 119 Years of support  
 to our Catholic Parishes  
 and families

### Worthy Brother Knights All,

*PLEASE* send me your comments, stories, events, successes, awards, recognitions, celebrations... and photographs to proudly show our California Charity, Unity, Fraternity and Patriotism!

**Submission deadline**– 10th of every month for current newsletter

Please indicate “GSK Article” in your subject line. If you are including photos please try to make sure participants are identified, and photo credits provided.

**PLAN AHEAD**– If you wish to promote a program, please submit your information for publication the issue month PRIOR to your event dates, as publication will be in the 2nd half of the calendar month.

*EXAMPLE:* Program Event in DECEMBER; submit for publication by NOVEMBER 10.

**Roark Galloway, PGK**      *Editor, California Golden State Knightletter*  
 frgalloway120@gmail.com

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