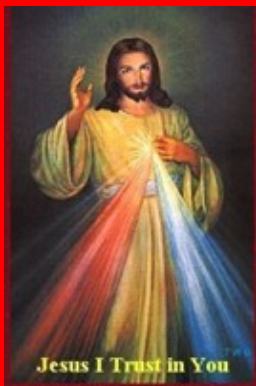


California State Council Knights of Columbus



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Golden State Knightletter



THANKSGIVING



November we say "Thank You" in some very special ways. We start the month by celebrating All Saints Day and All Souls Day. These two special days we say "Thank You" to all of our Saints and more important to those family members who has passed on. They will always be a part of our lives and we will always recognize the support, guidance and more important love they gave us.



Veterans Day Dinner Night at Knights of Columbus Oxnard Council 750.

In the middle of the month we say "Thank You" to those men and women who have or are serving in our Armed Forces. Veterans Day celebrations were conducted throughout the State and many of our Brother Knights and their families help celebrate this important day. Special Thank You goes out to Fr. John Grace and Brother Arturo from Saint Augustine Monastery for marching with the Brother Knights in San Diego! celebrate Thanksgiving Day as we prepare for the Advent Season and Christmas. There is much we are all thankful for, our Faith, our Family, our Freedom. Let us all reflect on those many graces we can feel thankful for and let our Lord hear you loudly.

Finally, in the end of the month we celebrate Thanksgiving Day. On this day we begin to celebrate the most blessed season for us, that being Christmas and the Advent season. For many, Thanksgiving is a time to get family and friends together, to enjoy a wonderful meal and more important to give Thanks for all of the blessings that have been bestowed upon us. Here is a wonderful Thanksgiving Prayer:

Thanksgiving Day Prayer

Father all-powerful, Your gifts of love are countless and Your goodness infinite. On Thanksgiving Day we come before You with gratitude for Your kindness: open our hearts to concern for our fellow men and women, so that we may share Your gifts in loving service.

We ask this through our Lord Jesus Christ, your Son, Who lives and reigns with You and the Holy Spirit, one God, for ever and ever. Amen.

Upcoming Events

- Thanksgiving Day November 23
- Family of the Month
- Keep Christ in Christmas
- Walk for Life January 20 and 27



State Deputy's Message November 2017

This month of November, we celebrate Veterans Day and Thanksgiving Day. On Veterans Day, we honor those who served, fought and sometimes died for our country. We honor the sacrifices they have made to this great country. There are

so many ways of thanking them for their service. Visit a local VA Hospital and talk to veterans. You can make donation to a nonprofit veteran's organization or simply saying "thank you" when you see a veteran. California veterans were recipients of wheelchairs that were distributed during PSD Ed Huestis term. Your gratitude and appreciation goes a long way in supporting our veterans.



Thanksgiving is just around the corner. We have so many things to be thankful for. Let us thank God for all the wonderful things he does for us. We thank the Lord for the gift of life. We thank Him for all the blessings He has bestowed on us as we pray for those in need. We thank Him for our family and friends as we pray for those who are lonely. We thank Him for our freedom as we pray for the oppressed. We thank Him for good health as we pray for those who are ill. We thank Him for our comfort and prosperity as we share our blessings with others. We can do this by donating to the Wheelchair drive, coats for kids and giving canned goods to families in need.

As we celebrate Thanksgiving, we also pray and remember our troops who are far away and will not be with their families to celebrate thanksgiving together.

"HAPPY THANKSGIVING TO YOU AND YOUR FAMILIES"

Vivat Jesus!
Romeo D. Quevedo
State Deputy
State.deputy@californiaknights.org





State Membership Director
Matt McDonagh
2017-2018

NOVEMBER 2017 Message

Membership Matters

November is a month of holidays and remembrances. We celebrate the Feasts of All Saints and All Souls on the first two days of the month followed by Veterans’ Day and Thanksgiving. These days give us the opportunity to reflect on those who have inspired, loved, and in many cases, given their lives for us. Please take time to honor and celebrate these men and women. We are the legacy of the Greatest Generation.

Thank you to all the Councils who held Membership Drives in October. Inviting Catholic Men to join our order is great way to honor and celebrate our patron Christopher Columbus! Please continue to seek out and invite others to have the experience of a lifetime. Together, we can change more lives and save more lives.

Congratulations to all Councils who have met their Membership and Insurance Targets and are on their way to Star Council. There are several others who are moving. Keep up the Good Work. Also, promote the **Shining Armor Award**. Think of this program as an insurance policy on member retention. Active Knights are more likely to stick around and get more involved than those who join and don’t do anything.

My continued gratitude to all Grand Knights and Council Officers, as well as to District Deputies, Field Agents, and State Committeemen who serve our Parishes, Communities, and Councils. November offers us all the opportunity to reach out and help those who need our talent, our treasure, and most importantly, our time. This is the Charity that evangelizes and gives each of us to have that close encounter with Christ when we seek the face of Jesus in our Brothers and Sisters. Happy Veterans’ Day to all Veterans and Happy Thanksgiving to you and your families!

Vivat Jesus!
Matt McDonagh
State Membership Director



Star Council

<p>Father McGivney Award Membership Quota 7% of current membership or Minimum of 4</p>	<p>Service Program Personnel Report (#365)</p>
<p>Columbian Award (#SP7) Due – June 30th</p>	<p>Founders’ Award Insurance Quota 25% of current membership or Minimum of 3</p>
<p>Good Standing Current with all Supreme Council assessments – as of June 30th</p>	<p>Annual Survey of Fraternal Activity (#1728)</p>
<p>Multiple Stars Double Star 200% of Membership quota Triple Star 300% of Membership quota</p>	



California State Service Programs
Stephen Peterson, FM
2017 -2018

November 2017

Heading into the second half of the Columbian Year, it is time to focus our efforts in Building the Domestic Church Initiative. The purpose of the Initiative is to build stronger bonds within our families and to devote more quality to family time. To help make a difference in the Parish and community. To promote Spirituality and a healthy Catholic life and to set an example for our youth who will be the leaders of tomorrow. We as a Catholic Organization have an opportunity to make this purpose become a reality through the twelve Domestic Church Activities listed:

Family Rosary Program

Consecration to the Holy Family

Family Fully Alive Devotional Program

Family Week Celebrations

Father's Day Affirmation of Wedding Vows

Food for Families

Holy Family Prayer Program

Journey to the Inn

Keep Christ in Christmas Campaign

Into the Breach

CIS – Building the Domestic Church Series

Simple Supper and Stations

As we conduct these various programs we are reaching out and evangelizing to our families, parishioners and community members. By turning these activities into events, we are integrating the Councils with the parish community which creates an opportunity to grow the Order. Many councils have already started the Initiative by doing some of the activities, but the time is now to focus on all of them, especially the seasonal ones like Keep Christ in Christmas Campaign, Journey to the Inn and Food for Families. These twelve Domestic Church Programs along with our long-standing established programs and the Supreme Featured Programs will help grow your Council membership as well as achievement of Star Council. For more detailed information regarding the Building the Domestic Church while Strengthening our Parish Initiative, please go to the Knights of Columbus Supreme website. kofc.org

Vivat Jesus!

Brother Stephen Peterson, FM

State Programs Director

Keeping Christ in Christmas / Light Up For Christ

In a time when all things religious are being discouraged and swept away, it's refreshing to know that the Knights of Columbus established the "Keep Christ in Christmas" campaign to remind people that Christmas is above all a Holy Day celebrating the birth of Jesus Christ. To help deliver the "Keep Christ in Christmas" message, Orderwide, the Knights of Columbus annually on the first Tuesday in December begin the Christmas season with the "Light Up For Christ" celebration. The ceremonial lighting of a Nativity scene, Christmas tree, or Christmas display is just part of the celebration. Plan such a lighting ceremony and at precisely 8 p.m., local time, throw the switch to "Light Up For Christ." The "Light Up For Christ" celebration is a wonderful way to kick off the Christmas season to help spread the joyful tidings of Christmas.

"Light Up For Christ" Prayer

Heavenly Father,

We praise you for the light of creation; the sun, the moon and the stars of the night. We praise you for the light of Israel: the Law, the Prophets and the wisdom of the Scriptures. We praise you for Jesus Christ your Son, the true Light of the world, the Light which no darkness can overcome. He is Emmanuel, God-with-us, the Prince of Peace who saved the world from darkness and brought humanity into the peace of everlasting Light. We praise you for Mary, who held your Son in her loving arms, and who was given to us as a Mother at the foot of the Cross. She is the New Eve, leading all her children into the Light of Joy who is her Son, Jesus. We praise you for the gift of faith, given to us at Baptism, which enlightens our minds to know and accept the Gospel of Truth and Life.

(Pause)

*Lord, we ask that your blessing come down upon us and those of our family who cannot be with us today as we illumine this Christmas display. **(Illumine Christmas display)** May the light that it gives fill our hearts with hope that you will free us from the darkness of sin, and deliver us into the light of your peace and happiness. May all who look at this Christmas display come to the knowledge and joy of salvation. Grant that we may always walk as sons and daughters of the light, keeping the flame of Truth alive in our hearts, until we join you and the heavenly host in the Kingdom of everlasting Light.*

We ask this through Christ our Lord, Amen.

Merry Christmas!

Yes, my brothers, I know I am early, but why shouldn't I be? I am anxious to celebrate this great holiday, the anniversary of the birth date of our Lord and Savior, the King of Kings. There is so much to do and so little time left to do it!

If you have not yet ordered the Keep Christ in Christmas kits, there is still time to get it all together to involve the youth in your area in the joy of Christmas. Brother Bob Pineschi, our CA State Poster Chairman, has already sent out in .pdf format all of the details that you will need. If you cannot find this in your inbox, please contact him and ask that he resend it out to you. He can be reached by e-mail at pineschibob@yahoo.com, or by phone at 916 645-8366. He will be more than happy to help you out.

Has your Council ordered its Christmas Cards yet? If not, there is still time. We are fortunate to have in our state the best chairman for Christmas Cards and magnets anywhere, Brother Steve Sykes. He will be happy to help you out. Feel free to contact him, either by e-mail, steves@wcsdist.com, or by phone, 951-232-4610. He will set you up most expeditiously. In this way you will be able to share the joy of Christmas with all of your friends and family.

Have you contacted your pastor about setting up a parish wide Journey to the Inn? I am certain that he would love for your Council to share this exciting and moving program with the folks in your parish, be they Knights or not. And who knows? This could be a great recruitment tool as well by showing those in your parish the spiritual side of our Order.

Christmas, of course, is a celebration of the birth of a child in the humble surroundings of a stable. We also know that there are many children in our own state who are born under humble circumstances. Christmas is a time when we can share the many blessings that God has given us with others. Is there a pro-life pregnancy center in your area? Many women get abortions out of fear that they cannot afford a child. Why not support life by making a donation to a pregnancy center to help them provide for the needs of the many children born, while not in a stable, but under similar humble conditions? What better way can we share God's love than by sharing that love with others.

Yes, my brothers, Christmas is coming, and let's all do what we can to make this the best one possible, not only for us, but for all of God's children. MERRY CHRISTMAS!

Glen Kraig, Keep Christ in Christmas Chairman



Knights of Columbus California State Council Food for Families Food Drive



The Knights of Columbus is continuing the tradition for raising awareness of the issues behind poverty and hunger. Since 2012 the inception year of the Food for Families Program, the Knights of Columbus had already donated \$8.5 Million and 14.7 million pounds of food to local food banks, local food pantries, community food banks and soup kitchen. The month of November and December are the busy months for food drive because of the Thanks Giving and Christmas Season and also the month of November is the World Food Day.

Action Steps:

- Contact your local parish food pantry, community food bank or soup kitchen to ensure they will be able to receive food donations and inquire if they have any specific needs.
- Obtain permission from the appropriate person (pastor, business owner(s), etc.) to set up the food drive at the church or store and to display posters.

Ask nearby retail stores for empty boxes so there is a place to store donations.

If the council is conducting the Food Drive at the parish, have flyers available for distribution or placed in the pews announcing the details of the Food Drive.

- Ask the pastor for permission to make an announcement before or after Mass about the Food Drive.
- Be sure to include a written announcement in the parish bulletin.

For monetary donations, be sure to have a secure receptacle in the collection area for cash and checks. Please be sure that your Parish Pastor will announce during the mass that donation bins are placed outside the Church. Brother let's do our part to strive for a hunger-free community by filling those bins with food for families in need this year!

The food that are acceptable are all non-perishable food donations and in need of nutritious items:

- Meals in a can (soup, stew, chili)
- Tuna or canned chicken
- Peanut butter
- Canned foods with pop-top lids
- Canned fruit in its own juice or water
- Low-sodium canned vegetables
- Olive or canola oil
- Spices
- Low-sugar whole grain cereals
- Healthy snacks (granola bars, nuts, dried fruit)

**Please avoid items packed in glass. No candy or soda please.*

Bro. Isaias Hernandez, Chairman Food for Families

Family Activities

The family is the core of why we Knights exist. Without our families, we cannot do what we do. We wouldn't be able to participate in fundraisers, in helping out in our parishes, and in helping our communities. Our families sacrifice countless hours without us, giving up family time to be with us while we are carrying out our Knight's missions. We leave our wives and children at home alone, while we go out to our meetings and other Knightly duties. Even though they know we are doing a good deed by helping our parish and communities, we aren't spending precious family time with them. Sometimes we are away from them the whole weekend. Sometimes, three to five days, depending if it is State Convention, and what our duties are as Knights at the State Convention. The family gives up a lot of time; time that they cannot make up and is lost forever.

So Grand Knights, let's get these families recognized so that we can continue to do our Knightly duties. Remember, a little recognition goes a long ways. The Form is located on the State Council website (californiaknights.org) and is the same as the Supreme Form #1993A (supreme website – kofc.org). The report for Supreme can be submitted electronically through the supreme website (kofc.org), and you can submit it to the state via email to programs@californiaknights.org. You can also submit the form to the State via regular U.S. mail. The deadlines for submission is the 15th of each month (i.e. for November, it must be submitted by Dec. 15th).

This Columbian Year (2017-2018), I would really like to see a Family of the Year submitted for the International Family of the Year. We haven't submitted a Family to Supreme for the International Family of the Year in several years, and I believe California has many eligible families that could be nominated for the International Family of the Year. So let's get those Family of the Month names submitted to the State, and also the Family of the Year to the Supreme (never too early to start thinking about it now!!!). Wouldn't it be great to honor a California family as the International Family of the Year!!!!

Also, don't forget we have other programs in Family Activities. Food for Families, Coats for Kids, Scholarships, and World Day of Marriage. By getting involved in these programs, they all count towards the Building the Domestic Church requirements.

Grand Knights, please don't forget to complete the Service Program Activities Monthly Reporting Form for Family Activities **each month** (it can be found on the State Council website under the forms section). It is very important that we receive these reports from all the councils every month so we track each council.

Vivat Jesus,

Tim Fukuda, State Family Activities Chairman



As the year approaches the winter months in California the air has that morning crispness and evening chill. Taking for granted as we bundle up to address the cold, with a jacket or coat in our closets, we remind ourselves of those in need, especially children. Least they have a roof and pillow every night, a coat will bring warmth and defend against the elements, as God defends the widow and the orphan. Make one of your Youth Activities the Coats for Kids featured program this winter. Your worthy investment in time and donated funds helps a wonderful cause and brightens the lives of children in need. Follow the guidelines and recommended procedures by visiting the following link: <http://www.kofc.org/en/charities/articles/coats-for-kids.html>

Your efforts and thankfulness will carry on a tradition since 2009 when the program was launched.

Vivat Jesus!

District Deputy 143

Luigi Zoni

State Coats for Kids Chairperson

"Be Not Afraid" - A Knights Wellness Story

By Michael Cushing, M.D.

CA State Wellness Chairman

Hello, my Brother Knights!

This is a true story about cancer - the struggles of the initial diagnosis; the treatments; the early hopes when it was first diagnosed; and the unfolding future.

At the time of his diagnosis, this friend and Brother Knight was 51 years old, married, with four children, and a beautiful wife. His life as a physician at this time was at its apogee. After 25 years in medical "practice" he was hitting on all eight cylinders. He insists that he was "doing medicine" at this point in his career. "What doctor at this point in his career is just "practicing?"

He spoke with his primary MD about a pain he was having in his lower abdomen, requesting a CT of the abdomen. This was done in early November, 2004. He did not have any symptoms, appetite was good, weight stable. My friend was a vigorous athlete, playing racketball, hitting the weight machines, and bicycling frequently.

Then he learns there is a tumor in his pancreas, about 4 centimeters in diameter and, cancerous. Damn! It's a fairly rare cancer, called "pancreatic neuroendocrine tumor", PNET.

My friend is incredulous, wondering how such a misfortune could have befallen him. He travels to his church; he's a Catholic. He goes into the Blessed Sacrament Chapel and on his hands and knees, begs God to grant him more time, to help him fight this tough battle ahead. Although very frightened, he does believe God has a plan, that he must make the most of his predicament. He doesn't know it yet, but he will come to realize that this painful moment will be a positive turning point in his life.

Next issue - continuing tests and surgery await my friend and Brother Knight.

Michael Cushing, M.D.

mtcush@sbcglobal.net

Do Not Be Afraid, part 2

Nov., 2017

Hello, my Brother Knights!

As you might recall, my friend, Tom, had just been diagnosed with a PNET, a pancreatic neuroendocrine tumor, in early November, 2004. He would come to find that this is a fairly rare tumor and that it can be managed, depending on its location and how aggressive it is.

Once the tumor was found on the CT scan, a barrage of tests and procedures awaited him.

He was seen by an oncologist who mapped-out the plan for attacking this cancer, henceforth called the “critter”.

Lab tests were ordered to give the oncologist a baseline for reference as the treatment proceeded. A radiology test, called **octreotide scan**, was done, localizing the critter to the pancreas, some “good news”, as this meant that he could possibly retain a remnant of his pancreas, a very important organ in the body.

The pancreas controls two very important chemical functions- the **exocrine** function helps our bodies to digest the food we eat, the proteins, fats and carbohydrates; the **endocrine** function helps us with sugar utilization in our bodies.

An MRI and a PET scan were done, confirming the location of the tumor and suggesting that it was malignant. In order to confirm the diagnosis, a piece of the tumor tissue had to be obtained.

So, Tom had a procedure, called an EGD-esophageal gastro-duodenoscopy. This entailed the passage of a fiberoptic camera down the esophagus, into the stomach. The tumor was localized via an ultrasound, and a biopsy needle was passed through the stomach wall into the cancer. (Do not attempt to do this at home!)

The pathology report returned positive for malignant PNET, a slowly aggressive tumor.

Tom received this news with renewed hope as the cancer might be treated with surgical removal along with some new medicines coming down the pipeline for treating this type of cancer.

An interesting note here was that Steve Jobs, of Apple fame, was also diagnosed at this time with a similar cancer. Unfortunately, he dawdled in his response to this cancer, waiting more than 9-12 months before having surgery done, and it was done too late.

So, Tom now had a confirmed diagnosis of cancer, and was told that a surgical procedure would be very beneficial for him to enhance his survival.

Next issue- telling the Family about the critter.



COUNCIL YEARBOOKS



By Bill Uberti, PGK, FDD
State Yearbook Chairman

Brothers:

We are about halfway through the Columbian Year and if you have not started, there is still time to get your Council Yearbook organized. By now your Council has conducted numerous activities which should be recorded by being photographed and organized in your Council Yearbook. Some of these activities may include Soccer and Free Throw contests for your parish youth, the Tootsie Roll (Support for People with Intellectual Disabilities) Drive, Coats for Kids, Council Corporate Communion, Pot Luck Dinners, and of course Parish Pancake Breakfasts. Make sure you get good "action" shots of your Council's Knights serving the needs of the Church and your Community.

Guidelines for submitting your Yearbook for a State Award can be found on Page 73 in the California State Council 2017-2018 Service Program Handbook under the Council Activities Section. Remember competition for a Yearbook award will take place at the State Convention in May, 2018 and will be on a statewide rather than a division basis. Prizes will be awarded for first, second, and third places. Remember Council Yearbooks are great recruitment tools and help document the accomplishments of your council. If you have any questions please feel free to contact me.

Vivat Jesus!

Bill Uberti
(858) 842-4000

Life-Saving Ultrasound Machines are needed more than ever with Brother Knights' help

Ultrasound Machines are so vital in saving unborn lives. Well over 80% of distressed expecting parents will choose life after they view ultrasound images of their pre-born child. But there is new urgent reason ultrasound machines are needed in the fight to save lives of the unborn.

Recent statistics show that nearly 46% of first-trimester abortions are attempted using the "abortion pill." Under new California state laws, a girl as young as 12 can obtain the abortion pill, also known as a medication abortion, and then possibly ending in a surgical abortion all without parental consent. If she takes an abortion pill, she will most likely attempt this at home alone. A panicking pregnant college girl might do the same in her dorm room. Likewise, for a single mom who cannot imagine how she can possibly feed one more mouth.

For the past year Obria Medical Clinics have partnered with San Diego-based **AbortionPillReversal.com (APR) hotline**. Alycia De Lucio RN, who is Obria's Nurse Administrator/Telemedicine Manager, deals with crises like these and shares one such experience:

"I received a call about a young woman who wanted to reverse the abortion pill process. After speaking with her I found out that she had made that decision because she had just had a baby 6 weeks prior and felt overwhelmed about having another baby so soon after. We got her started on the APR protocol of progesterone and stayed in touch with her until she could come in for her first prenatal appointment. She had started having some bleeding so we were all praying and hoping that her baby would make it. I got to meet with her in person at her initial prenatal appointment with Dr Anzaldo and be in the room for her first ultrasound. It brought me to tears because on the screen, at 12 weeks' gestation, the baby was moving around. It was just so beautiful to see a literal miracle with my own eyes; a baby truly saved from death! We continued to do all her prenatal care with many more beautiful ultrasounds that followed. Dr. Anzaldo delivered her healthy baby 7 months later that followed."

One of the tools critical to the APR procedure is ultrasound, which allows nurses to see if the pregnancy is viable. An added blessing is the relief experienced by a young woman or girl who has taken the abortion pill and sees the same viability. She now comes full circle from shame, despair and regret to feelings of hope, joy and love for the new life growing inside her.

Without ultrasound, we could not save nearly so many unborn, nor change the lives of their mothers and fathers. Without the Knights of Columbus, we simply could not fully accomplish our God-given mission.

So how are California Knights doing this Columbian year? Thus far this Columbian year six ultrasound applications have been sent to Supreme, with four corresponding checks received resulting in ultrasound machines helping save baby lives. 63 ultrasound machines have been placed in California since 2009 through this K of C Supreme program. Yet more can still be done with the California Ultrasound Program Team here ready to help:

Bernie Vitichus Ultrasound Program Chair - [bvitchus@aol.com](mailto:bvitichus@aol.com) (714) 771-0984

Dave Cortens S. Cal Committeeman - dcortens.new@gmail.com (949) 366-0716

Oscar Martinez N. Cal Committeeman - greenscene@icloud.com (408) 592-8244

KofC Life Matters - Defending Every One

T-Shirts for 2018 Major California Walks for Life

Each shirt declares that you are a part of something bigger that proclaims the truth of Life to all who see your message.



front view



back view

Please visit

www.kofcwalkingthetalk.com

Defending Every Beating Heart!

Proudly wear your Classic Pro-Life T-shirt walking with tens of thousands at California's Walks for Life along with Knights of Columbus, families, and friends in support of the greatest life-saving and life-changing movement of our times.

Our very affordable prices of **\$6** (youth XS - youth L), **\$8** (adult S - XL), and **\$10** (adult 2XL - 3XL) make it easy to qualify for **Free Shipping!** All orders must be a minimum of 10 shirts or more and can be a mix of various sizes. **Urgent: MUST PLACE ORDERS BY JAN. 5TH to ensure delivery the week of Jan. 15th.**

All major credit cards accepted.



Council Activities Chairman Report

How many council activities have you held this Columbian Year? How many activity reports have you filled out? The reports should be filled out right after the event, while details are fresh in your mind. If you wait until March to fill out the reports, you will be hard pressed to remember how many Knight and family members helped, what was the total attendance, and how many hours were expended. You also want to attach pictures, council and parish announcements, all of which may not be available eight months after the event. State awards are graded by division, so there a good chance the members of your council will be awarded for their hard work.

John Giltner FDD, PGK, PCP
Council Activities Chairman

Down Syndrome and its link to Alzheimer's

Frank Stephens, an actor, advocate, and adult living with Down Syndrome, spoke at a Congressional hearing Wednesday, October 25, 2017, urging Congress to fund vital research on Down syndrome and its link to Alzheimer's in the NIH budget.

“Let me say that I am not a research scientist, however, no one here knows more about life with Down syndrome than I do. Whatever you learn today please remember this: I am a man with Down syndrome and my life is worth living. Across the world, a notion is being sold that maybe we don't need research concerning Down syndrome. Some people say pre-natal screenings will identify Down syndrome in the womb, and those pregnancies will just be terminated. It is hard for me to sit here and say those words. Let's be clear, I completely understand that the people pushing that particular 'final solution' are saying that people like me should not exist. They are saying that we have too little value to exist, an outdated idea of life with Down syndrome. Seriously, I have a great life. I have lectured at universities, I have acted in an award-winning film and on an Emmy winning TV show, and spoken to thousands of young people about the value of inclusion in making America great. We are a medical gift to society, a blueprint for medical research into cancer, Alzheimer's, and Immune System disorders. I cannot tell you how much it means to me that my extra chromosome might lead to the answer to Alzheimer's.

A Harvard based study discovered that people with Down syndrome, as well as their parents and siblings are happier than society at large. Surely happiness is worth something? We are the canary in the eugenics coal mine. We are giving the world a chance to think about the ethics of choosing which humans get a chance at life. Let's be America, not Iceland or Denmark. Let's pursue answers, not 'final solutions.' Let's be America. Let's make our goal to be Alzheimer's free, not Down syndrome free.” (According to CBS, the U.S. has an estimated abortion rate of 67% (1995-2011) for unborn babies diagnosed with the condition.) Lauretta Brown 10/27/17.

A VETERAN'S DAY AND THANKSGIVING DAY MESSAGE

Greetings Worthy Brother Knights,

November is the month of a couple of the most treasured holidays of the year. Starting with Veteran's Day on November 11, we honor our Veteran's past, present, and future. Our grateful nation expresses its gratitude on Veteran's Day by hosting parades, BBQ Dinners, and free and discounted prices on services and products from a variety of vendors. Since America depends on the one percent of volunteers to protect our nation, it is very important how we treat our troops during and after their enlistments.

The Knights of Columbus have developed a support system by providing volunteers and in-kind donations to all seven VA Hospitals across California. In addition, we have partnered with the USO by providing meals and volunteers to greet and to support our active duty personnel while they are away from home. Despite the much needed assistance from the federal government, Veterans still rely heavily on the support of charities and local organizations.

So what can we as Knights do to further continue to support our Veterans and their families year around? To begin with, the VA Hospital can use more volunteers to assist in almost every department in the Hospital 365 days a year. Our country has been at war for over fifteen years in the Middle East. The number of physically wounded troops has continually grown along with other injuries like: serious Traumatic Brain Injury (TBI) and Post Traumatic Stress Syndrome (PTSD). The strain on hospital personnel has been immense. Volunteerism has helped the VA Hospital immensely by performing such tasks as driving patients to the hospital to assisting the Chaplains with religious services.

Another form of assistance that we can provide for our Veterans and the disenfranchised in our local communities is by providing food through our Food for Families programs. Even on Veteran's Day, some of our military families will visit a food pantry or participate in a meal program because they don't have enough to eat. We can help by donating food to both Veterans Organizations and local charitable groups. Food banks across California can offer food items at deep discounts and sometimes even free food items. Please Google "California Food Banks" to a find a local food bank in your area.

The next treasured holiday is Thanksgiving Day. As always, it is a busy time of year for our families to hectically prepare for a very festive and thankful occasion. Moreover Thanksgiving is a time when our families come together to share a meal, share precious family time and memories together, but most importantly to thank our Lord for His blessings.

Let us be thankful this year for our blessings and also be charitable in our efforts to provide for the less fortunate this Thanksgiving Season. "For I was hungry and you gave me food, I was thirsty and you gave me drink, a stranger and you welcomed me,"

Matthew 25:35

"We thank you, O lord: For our homes, for food, warmth, and shelter, for all the things that have made us happy."
Wishing everyone a Memorable Veteran's Day and a most Blessed Thanksgiving Day.

Vivat Jesus,
Carlos Cuellar PGK, PFN
State Veteran's Assistance Chairman
Food For Families
CommitteeMan South
California State Council
Knights of Columbus



Operations

Rene Trevino
Operations Director

November 2017 Message

This month Operations is focusing on Public Relations. Communications, both internal and external, is vital to having a successful program. We do a very good job communicating internally, however, there are many times we need to communicate externally through a viable Public Relations program. Below are Public Relations Guidelines developed by our Public Relations Chairman, Brother Isaac Cuevas. Please don't hesitate to contact Brother Isaac if you have any questions on how to develop your Public Relations program.

Public Relations Guidelines

As a Knight of Columbus, you should continually search for new ways to enhance our Order's mission and contributions to the Church, community, and fellowman.

The Knights of Columbus Member Social Communications Policy and Guidelines apply to members and subordinate units of the Knights of Columbus when they choose to identify themselves as members of the Knights of Columbus or to discuss the work of the Knights of Columbus in social communications. **READ the Knights of Columbus Member Social Communications Policy.**

Public relations can be a very useful communications tool, advancing Knights of Columbus principles and building community support for your council and its activities. Public relations is simply communicating a message to an audience. To build a truly effective public relations program, messages should be ongoing to strengthen the council's image and broaden its impact on society.

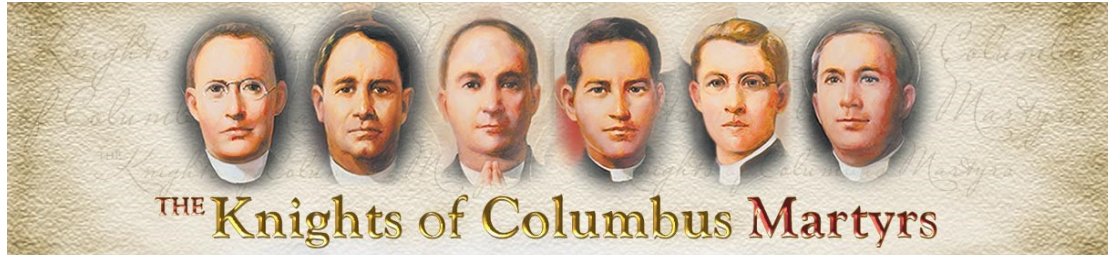
A critical part of public relations is publicity. Successful publicity efforts result in editorial media exposure in the form of news or feature articles in newspapers, magazines and websites, and references, announcements or interviews on radio and television stations. Publicity is a very effective way to inform the public about the many aspects of the Knights of Columbus and how you work with/for your parish and within your community. Send in photo and article about your council's activities to the Knightletter editor. It is also important to contact the Communications Director of your local Diocese in case you have a parish based news event that will require their input or approval.

There are many rewards and benefits to a well-planned public relations program. For the Knights of Columbus, an effective program can:

1. Create awareness in the community for your council and its contributions.
2. Build a positive image for the Knights of Columbus as a whole, and council in particular.
3. Create valuable exposure for the council and its activities.
4. Communicate key messages to target audiences.
5. Clear away misconceptions.
6. Strengthen community support for the Knights of Columbus and its mission.
7. Assist in recruiting new members.

Additional information can be obtained from Knights of Columbus publication #2235, "Getting Your Message Across" a Public Relations and Publicity Guide that the Supreme Council distributes to each council prior to each Columbian Year.

Isaac Cuevas - State Public Relations Chairman 3375 Barham Blvd
Los Angeles, CA 90068
Isaac@arenasgroup.com / 323.785.5527 office / 323.403.7353 cell



Mexican Martyrs Prayer Service

The Knights of Columbus for over 135 years have been promoting vocations to the priesthood. This prayer service is intended to continue that long tradition by reflecting on the gift of priests to the church. Specifically, we also honor those six Mexican Priest Martyrs who gave their lives for their people who were all Knights of Columbus Brothers. It involves the entire parish family and supports the Domestic Church. Details with the complete Prayer Service are available in the 2017-18 Program Handbook.

Mexican Martyrs Service Award for Chaplains

The six Mexican priests were martyred for their faith during a time of turmoil in Mexico when Catholics were being persecuted. All of them died because they chose to continue to serve their people despite the threat of death. We want to honor their sacrifice by creating an award in their name that will be given out during the year to the chaplains in California who give of themselves not only to their parish and diocese but also to the Knights as a chaplain.

The Knights of Columbus are forever thankful for the dedicated priests who not only serve their parish or community but who also take the time to serve the Knights of Columbus as chaplains. The Knights want to honor and thank those dedicated priests for their service throughout the Columbian Year. Each month beginning in September 2017 through February 2018 we will honor the Knights of Columbus Chaplains who have displayed extraordinary service to their Council and Parish. These priests will automatically be considered for the yearly Fr. Juan Perez Award given out at the California State Convention. Details can be found in the 2017-18 Operations Handbook.

Congratulations to our October Awardees:

Monsignor Daniel F. Cardelli—Father Frank Colacicco Council 4060, Danville; Fr. Lawrence Kithinji—St. Basil the Great Council 13271, Vallejo; Fr. Dana P. Michaels—Saint Barnabas Council 9089, Alameda.

December: Saint Miguel de la Mora Mexican Martyr Award



Father Pedro de Jesus Maldonado Lucero was a member of Council 2419. Forced to study for the priesthood in El Paso, Texas, because of the political situation in Mexico, he returned home after his ordination in 1918 despite the risk. Captured on Ash Wednesday, 1937, while distributing ashes to the faithful, Father Maldonado Lucero was so savagely beaten that one eye was forced from its socket. He died the next day at a local hospital. His tombstone aptly described this martyr in four words: "You are a priest."

TRAINING WEBINAR OPPORTUNITIES

This year the State Council has implemented a great tool on how to reach out to our over 76,000 Brother Knights and provide invaluable training opportunities via Webinars. Between Supremes' webinar training sessions and our new State webinar sessions, Brother Knights can receive information on a myriad of topics ranging from Council Leadership, effective council operations, membership recruitment, outreach programs, Financial operations, and other pertinent topics.

One of key aspects of these webinars is that they are archived and available for viewing later. However, you must register for the webinar to gain access to the archived session.

Recently, Supreme offered "Council Officer Training" on October 18th. State Training Chairman Brother Ed Broadhurst offered Financial Secretary training on October 9th and October 12th. Both of these sessions are available to FS, FC and District Deputies by request to training@californiaknights.org.



Here are a couple of recent Supreme training sessions that are available on the Supreme website. And, if you missed them, they are available in their On Demand Webinar Portal.

Upcoming webinar training opportunities are:

Supreme

December 13th - "Setting the Stage for Council Success"

California State Council

November 30th – State Deputy Forum for Kern/Inyo, Central, San Joaquin and Junipero Serra Chapters

If you have any questions regarding Supreme training opportunities, please contact Gary Nolan, Vice President for Fraternal Education, Training and Ceremonials, at gary.nolan@kofc.org or call 203-752-4270 and select option #3.

If you have any questions regarding California State Council training opportunities, please contact: **Ed Broadhurst, State Leadership Training Program Chairman, at training@californiaknights.org.**

Have you downloaded the California State Council App to your phone? If not, here are the simple steps to follow.

If you have an iPhone, iPod, or iPad follow these steps:



1. Tap the "App store" icon on your phone.

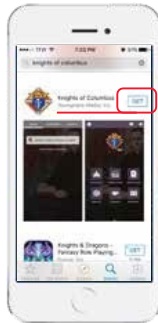


2. Tap search

3. Type "Knights of Columbus" in the searchbar.

4. You will be taken to the Knights of Columbus app page.

5. Select the "Connectu Knights of Columbus" app published by Yoursphere Media



6. Tap the icon to install the app



7. You will be prompted to provide the password to your iTunes account.

8. Tap "Open" after the app has successfully downloaded.

If you have an Android phone (Samsung or LG phone, for example) or tablet follow these steps:

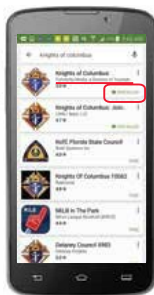


1. Tap the "Google Play store" icon on your phone.

2. Tap search



3. Type "Knights of Columbus" in the searchbar.

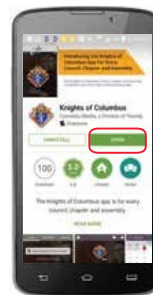


4. You will be taken to the Knights of Columbus app page.

5. Select the "Connectu Knights of Columbus" app published by Connectu Media.

6. Tap "Install"

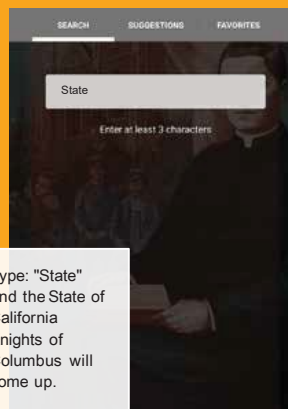
7. You will be prompted to tap "Accept".



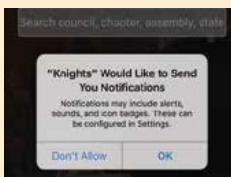
8. Tap "Open" after the app has successfully downloaded.

This app is sanctioned and approved by the Knights of Columbus California State Council for use by all California councils, chapters and assemblies.

Select the "Connectu Knights of Columbus" app.



Type: "State" and the State of California Knights of Columbus will come up.



Don't forget to click OK to receive important push notifications from your council!

Questions?

MaryKayHoal@Yoursphere.com

888.905.9898

Don't have an App yet?

Activate Your App Today at:

[Connectumedia.com/
appforcaliforniaknightsofcolombus/](http://Connectumedia.com/appforcaliforniaknightsofcolombus/)



Introducing the Knights of Columbus App For Every California Council, Chapter and Assembly*

Each California Knights of Columbus Council, Chapter and Assembly is Invited to Have Their Own Communications App
Sign up at Connectumedia.com/AppForCaliforniaKnightsOfColumbus

YOUR APP:

- is filled with unique content specific to your individual Council, Chapter or Assembly.
- seamlessly integrates your news, information, events, calendars, membership, social media, website and much more – into one app.
- offers a “share” feature that provides the option to easily promote your events with parishioners, families, friends, colleagues and associates directly from the app.
- allows for instant communication of important news and information through push messaging.
- can be utilized to collect dues and sell event tickets.
- can include your Council's Degree schedule.
- will easily incorporate parish news and information.

Example Council apps



Affordably priced at \$299 per year.

*This app is sanctioned and approved by the Knights of Columbus California State Council for use by all California councils, chapters and assemblies.

Sign up at:

Connectumedia.com/AppForCaliforniaKnightsOfColumbus



Questions?

888.905.9898

MaryKayHoal@Yoursphere.com

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Livermore Knights of Columbus Blood Drive

Friday October 20, 2017 Livermore, CA

The Livermore Knights of Columbus hosted a hugely successful blood drive at St. Charles Borromeo church on Saturday, October 14. The event was co-sponsored by the St. Charles Health Ministry.

Forty-nine donors registered and forty-five pints of blood were collected. The American Red Cross thanked the Knights saying: **“For the exceptional support you provided by collecting 100% or more of your blood drive goal, we would like to recognize you in the Sponsor Spotlight! As a thank you please look for your organizations name on our Sponsor Spotlight page. The patients who have benefited from the blood collected at your blood drive are beyond grateful.”**

For additional information contact: Tom McCaffrey captaintmcc@gmail 925-321-4604



Knights Luke Gregory (left) and Scott Genung (right) donating lifesaving blood

Knights of Columbus Help Livermore's Homeless, Hungry, and Battered / Abused

Friday November 3, 2017 Livermore, CA

The Livermore Knights of Columbus donated a total of \$3,000 to the Livermore Homeless Refuge, Open Heart Kitchen, and Shepherd's Gate. These organizations shelter the homeless, feed the hungry, and help abused women and their children.

The funds were presented at a Knights of Columbus council meeting on Thursday, November 2. On hand to receive the funds were Alan Cerro, Board President of Shepherd's Gate; Brian O'Reilly, Board Member of Open Heart Kitchen; and Bob McKenzie, Co-Director of Livermore Homeless Refuge. Each received a check for \$1,000 to assist in caring for those without food, shelter, or safe environments. The recipients expressed their deepest gratitude on behalf of their clients and shared insights about their organizations with over thirty Knights in attendance. Grand Knight Tom McCaffrey thanked them for allowing the Knights to support their missions and assured them that similar future support will be forthcoming.

The Knights of Columbus is a Catholic fraternal organization devoted to works of charity. They raise funds through various community events and donate the net proceeds to worthy causes, mostly in Livermore and the Tri Valley region.

This \$3,000 donation is a portion of nearly \$30,000 donated by the Livermore Knights of Columbus in the past two months to local charities and churches.



Bob McKenzie of Livermore Homeless Refuge, Brian O'Reilly of Open Heart Kitchen, Alan Cerro of Shepherd's Gate, and Livermore Grand Knight, Tom McCaffrey

For additional information contact: Tom McCaffrey captaintmcc@gmail.com 925-321-4604

Southern California Special Olympics Fall Games

At the Special Olympics' Fall Games. Thank you to all the Knights of Columbus and families who helped out to make this event a stunning success. #kofc #californiaknights #socalknights @ Fountain Valley Sports Complex. Special thanks goes out to Pope John Paul I Council from Huntington Beach for their dedicated service for over 20 years in providing the meals for both days. Kudo's also to all of their family members who contribute their time and talents. Also congratulations goes out to those councils who have given over \$400 to the "Tip A Cop" program!



State Soccer Challenge – Northern Section



Veterans Day 2017



San Diego Veterans Day Parade

Contact Us

Knights of Columbus
California State Council
P.O. Box 2649
West Covina, CA 91792

(909) 434-0460

Email:
State.Office@californiaknights.org

Visit us on the web at
www.californiaknights.org



Happy Veterans Day! Knights of Columbus Assembly #2336 participating in parade.
Thanks you for your service!



"EVERY MEMBER A RECRUITER!"