

My Brothers,

As we move into the new year lets remember what is coming up. It is time for us to adjust our RESOLUTIONS for 2026! Help those in need!

Our featured programs for **FEBRUARY - WIDOWS/WIDOWERS OUTREACH**: Show appreciation to the Widows of Brother Knights and Widower Brother Knights for their loss and timeless efforts to the Knights of Columbus. Maybe a flower on Valentine's day or host a breakfast or dinner to say we miss them,

I reiterate my encouragement for you all to step up and be active in your Council's and Parishes. Lent is fast approaching! If you are looking for something new for your Parish, check out Cor. The *Into the Breach: The Dignity of Work* video series was released on Monday, Feb. 2. -- Across five episodes, the series explores the relationship between work and holiness, and the value we bring to work as Catholic men. The series can be viewed by individuals or in group settings — particularly Cor. Resources will be available, including a study guide for small group discussion, a St. Joseph the Worker prayer card and promotional posters. All episodes and resources can be found at kofc.org/intothbreach.

Most Councils have completed their local Free Throw Competitions. We look forward to hearing from the Districts and Chapters. We are looking forward to seeing all the winners on March 21st in Los Banos, CA at the the Los Banos High School Gym.

Life is precious. On Saturday January 24th, the LA Archdiocese presented a grant to the California Knights of Columbus for our work on the cause for LIFE!. This grant of \$10,000 will be dispersed to 20 Pregnancy Resource Centers in the LA Basin. Here is a brief overview of the One Life LA. <https://www.youtube.com/watch?v=ikzfQUVAezg>

Let's step up and serve our Fish Fry's for Lent, Help our Pregnancy Centers through ASAP and many of our Seminarians through RSVP! Don't forget St Joseph's Table (Food Pantries) in honor of the Feast of St. Joseph. Also given the current demand with the community food banks, I am challenging you to step up and increase our donations to a local Food Pantry. So many families are going with out. We need to be like St. Joseph and step in and care for those that God is asking us to do.

We have completed 4 Campesino Distributions in Nov & Dec, we are looking to do more! We have one scheduled February 7 in Half Moon Bay, with others scheduled for Bakersfield Area – March 28th, don't see your Chapter? Contact your chapter president, or give me a call. All Councils/Individuals can help. Either volunteer to help give out or make donation of a Gift Box of Hope. What is a Box of Hope? 20 lbs of beans, 20 lbs of rice, 20 lbs of sugar, 20 lbs of Maseca flour and 1 gallon of cooking oil



You have the power to bring hope to life through action! Donating one Box of Hope, to one family, is one act of compassion. Right now, farmworker families—those who harvest the food we eat—are facing a heartbreakin crisis. Empty pantries. Empty stomachs. Forgotten faces. With just a little over \$100, you can provide a Box of Hope filled with essential food staples to one family.

Please keep watch on the State Website to for coming attractions and to download the current/most recent Star Award Tracker.

<https://www.californiaknights.org/star-tracker-report/>

Did you ever wonder about the Shroud of Turin?

Just a tidbit.. please checkout the following:

https://www.christcathedralcalifornia.org/event_slides/the-shroud-of-turin-an-immersive-experience/

Remember Early is Easy!, Vivat Jesus ,

Our Lady of Miracles pray for us!

Ken Rose State Deputy 2025-2026